



Since 1927

PODAR
INTERNATIONAL SCHOOL

MORE THAN GRADES

REGALIA

2018-19

Decade Dream



CONTENTS

Page 3

Director's diary

Page 4

Principal's message

Page 5

Editorial Board

Page 6

Student editorial

Pages 7-8

Toppers list

Pages 9-11

Recognition and awards

Pages 12-13

Award and Achievement

Pages 14-17

Sports achiever's gallery

Pages 18-66

English club

Pages 67-74

France at a glance

Pages 75-103

Hindi shikshan

Pages 104-106

Illustrations by tiny tots

Pages 107-179

Image Gallery

Director's Diary



It gives me great pleasure to contribute to the coordinated and united efforts of our Podar International School - Cambridge (Nerul), teachers & staff in developing the school magazine.

Our network of schools aim to infuse the strong cultural fundamentals of Indian society with advanced learning tools acquired from the world over, giving education an exciting and dynamic direction.

For over 110000 students of our more than 120 schools located across India, the school newsletter is an excellent platform for creativity, innovation & cultural expression.

The Podar Education Network legacy is long and enduring. For over eight decades, the Podar family has made education a mission and quality the fulcrum of their commitment. Our mission further envisions to build independent, responsible, global citizens through a widely accepted curriculum and practices that are founded on learner-centric education.

We have been entrusted with the future of our students, their career and their lives ahead. We are akin to the task to nurture them as learners, inculcate values and arm them with the necessary skills that will help them make the nation proud. Our expectations run high as we believe that each and every one of them will shine like the stars in our skies. Each day, every year, we scale new heights, never standing still.

I extend my heartiest congratulations to the Principal, teachers and students of Podar International School - Cambridge (Nerul), to unitedly coordinate and produce an inspiring reflection of our school.

I wish them all continued success.

Gaurav Podar

Director

Podar Education Network

Principal's Message



First of all, let me convey my gratefulness to my team, my students and especially their parents, for their wholehearted support during my recently concluded first year at the Podar International School – Cambridge.

Let me share with you some of my thoughts. My dream for the school is for it to be a place where the students learn to learn. Where they imagine, reflect and develop into good human beings who not only can think critically, but can also collaborate and nurture. These are the qualities which will continue to help them long after they leave the school.

I want my team to search and identify the students' unique abilities, talents, skills and likings, in order to empower them to realise their full potential. For this, it is so important that they help the students to believe in their own strength. To quote an example from Ramayana, it took a jamvaan to convince Hanumaan that he did have the ability to cross the sea. Once he was convinced of his strength, he could achieve all the important tasks that were assigned to him.

I believe that in order to increase the students' self-esteem, we need to build on their inherent strengths and abilities rather than making all the students conform to a few stereotypes of a successful student. In fact, Cambridge curriculum is unique, in that it recognises and respects the differences and allows the students tremendous flexibility. We need to utilise this feature of the curriculum.

If we can give some weightage to their individual likes and dislikes, they can experience learning to be an enjoyable activity. Then and only then can the students become life-long learners.

Anjna Sahi

Principal

Podar International School – Cambridge (Nerul)

Dear Readers,

Welcome to another edition of the annual magazine- **REGALIA** of Podar International School, Cambridge, Nerul. We are really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out in this issue, which is going to surely unfold the unravelled world of the most unforgettable and precious moments of the school, past ten years.

The magazine is a platform for the children's creative urges to blossom naturally. As the saying goes, mind like parachute, it works best when opened.

The enthusiastic write ups of our young writers are indubitably sufficient to hold the interest and admiration of the readers. This souvenir is indeed a pious attempt to pen down the reminiscences of the **past ten years**. We are sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our young students will surely stir the mind of the readers and take them to the surreal world of joy and pleasure. We have put in relentless efforts to bring excellence to this treasure trove and this edition will surely make you re live those wonderful memories.

The magazine also espouses the School spirit which is built up within the school through the collective actions, thoughts and aspirations. Students have put forth their ideas and thoughts that are too deep to be expressed and too strong to be suppressed.

This herculean task of editing this school magazine would not have been possible without the sincere support of the members of the Editorial Board who sorted of the articles from the flood of articles, we had got from our enthusiastic and inquisitive young writers, edited them and finally made a fair draft of them. I am thankful to all my colleagues who dipped their oars into the turbulent water of the journal and have sailed it to the shore of publication.

My best wishes to all the readers!

Paromita Chattaraj
Chief Editor



Student Editorial



Ring out the old, ring in the new. We the Podarites are geared up to usher in 2019 with renewed hopes, creativity, innovation and a plethora of activities in various hues and sizes. This magazine is a platform to focus on the achievements, awards, and talents in the various fields, not just in academics but in other extracurricular activities that constitute Podar. The enthusiasm and the freshness of the contents of this magazine is contagious enough to keep you glued until the last page. As you turn the pages, every article and every photo and every piece of art will unfold the various facets of the personalities behind them. The amalgamation of the most precious moments captured through excellent diction and literature will narrate exquisite stories through the unique perspectives of us, students. The ecstatic images of our joy during the year will recall distinct memories that only we can vividly remember. The brilliant display of our artistic masterpieces will illustrate the depth of our imagination, emotion and the modern aesthetic sense of participation. The purpose of the collective and untiring efforts of the students and the teachers is to present to you a memorable edition of our school's annual magazine, Regalia.

This magazine will undoubtedly surpass expectations, showcasing the literary and artistic powers of all the students. Amongst the aforementioned awards are the ISA award and various sports and academic achievements. All these certainly show the hardwork and determination put forth by students and faculty, when confronting challenges.

Diplomathon was another feather in the cap where the Podarites have secured a highly respectable rank and have made the school proud. The school council gallantly carried off the whole academic year with wonderful leadership skills and responsibility. All thanks to our wonderful teachers, intellectual students and hardworking Principal who made this happen.

Nonetheless, the suspense has been built up enough and we feel it's finally time to unveil the thoughts, ideas, aspirations and ambitions of our young minds. So, do flip the page and enjoy the masterpieces awaiting you.



Ishwari Chhatre



Lesley Freedman



Ishan Bhowmik



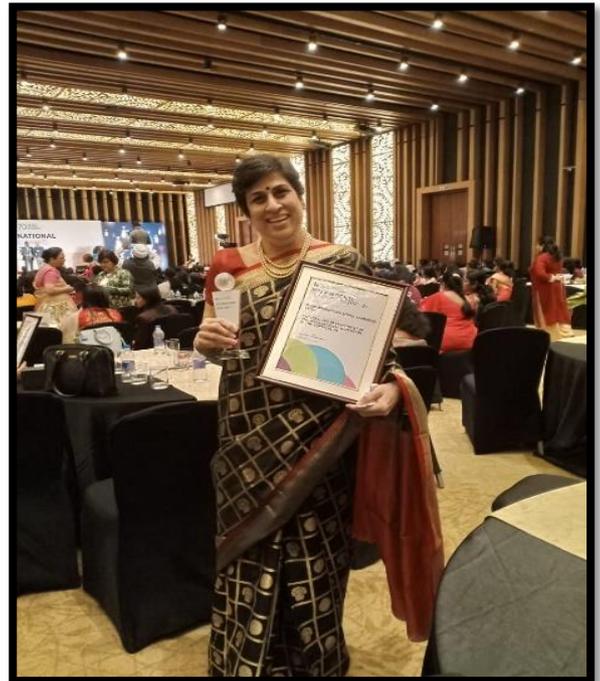
TOPPERS 2018-19

| Name | Qualification | Result | Series | Subject |
|-----------------|---------------|--------|-----------|--------------------------|
| Hyeok Kim | IGCSE | A* | June 2018 | Additional Mathematics |
| Pratham Shah | A level | A* | June 2018 | Accounting |
| Pratham Shah | A level | A | June 2018 | Mathematics |
| Junehan Lee | A level | A* | June 2018 | Mathematics |
| Junehan Lee | A level | B | June 2018 | Further Mathematics |
| Minhaj Faridh | IGCSE | A* | Nov 2018 | Business Studies |
| Icy Jain | IGCSE | A* | Nov 2018 | Economics, Hindi |
| Ahana Sinha | IGCSE | A* | Nov 2018 | French, Biology |
| Paarth Sood | IGCSE | A* | Nov 2018 | Biology |
| Prajval Mathur | IGCSE | A* | Nov 2018 | Physics |
| Minhaj Faridh | IGCSE | A | Nov 2018 | ICT |
| Hetvi Bhatt | IGCSE | A | Nov 2018 | Business Studies, French |
| Icy Jain | IGCSE | A | Nov 2018 | Business Studies |
| Adnan Khatib | IGCSE | A | Nov 2018 | Business Studies |
| Kunj Jain | IGCSE | A | Nov 2018 | Economics |
| Panya Khare | IGCSE | A | Nov 2018 | Economics |
| Anurag Konar | IGCSE | A | Nov 2018 | French |
| Parnica Srimal | IGCSE | A | Nov 2018 | Hindi |
| Dylan Mathew | IGCSE | A | Nov 2018 | Mathematics, Physics |
| Janhvi Agarwal | IGCSE | A | Nov 2018 | Biology, Chemistry |
| Gayatri Sharma | IGCSE | A | Nov 2018 | Chemistry |
| Akshat Janugade | IGCSE | A | Nov 2018 | Physics |
| Sanskar Shukla | AS level | a | Nov 2018 | Biology |
| Hyeok Kim | A level | A | Nov 2018 | Mathematics |
| Abhijai Suresh | AS level | a | Nov 2018 | Mathematics |
| Dhriti | AS level | a | Nov 2018 | Mathematics |
| Mihir Kodgule | AS level | a | Nov 2018 | Mathematics, Physics |
| Hyeok Kim | AS level | a | Nov 2018 | Physics |

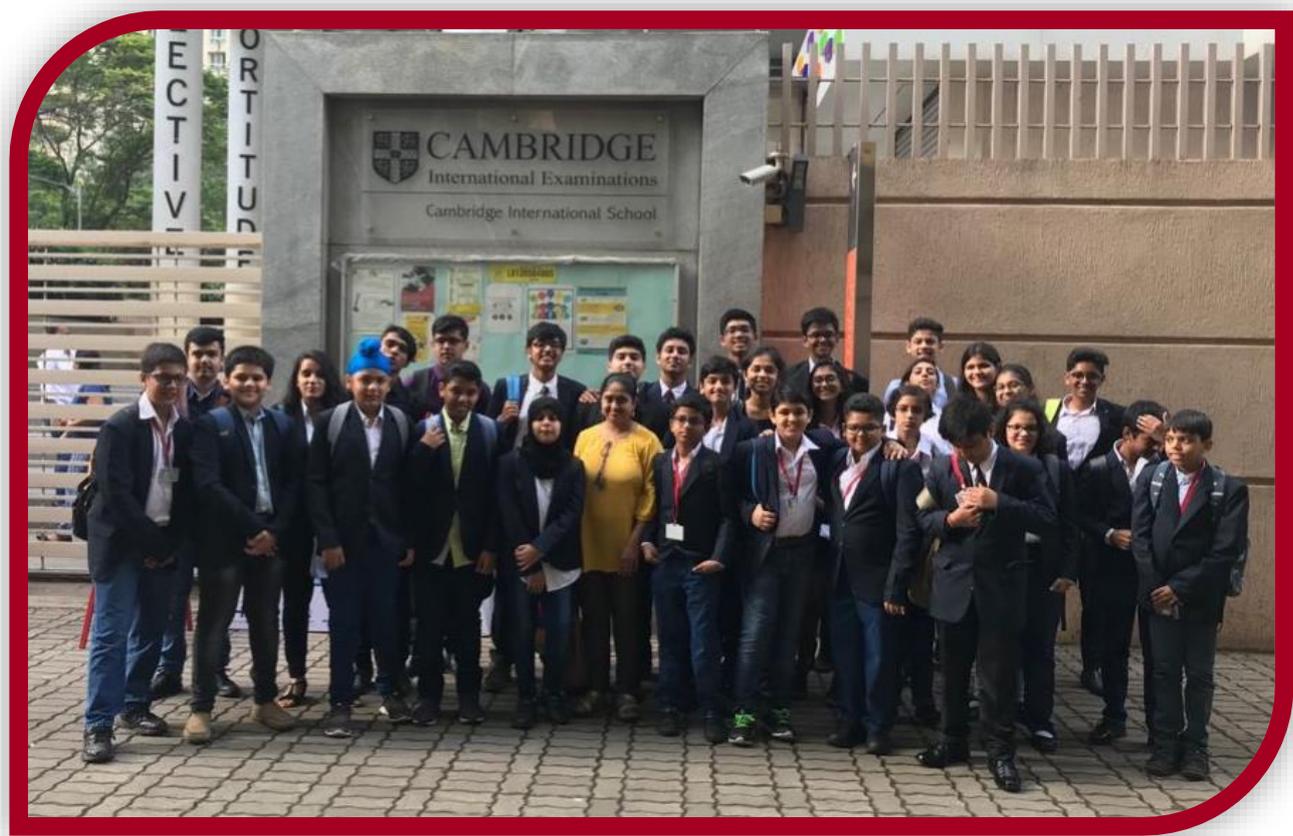
| Name | Qualification | Result | Series | Subject |
|---------------------|---------------|-------------|----------|---|
| Icy Jain | IGCSE | Distinction | Mar 2019 | ICE Award |
| Ahana Sinha | IGCSE | Distinction | Mar 2019 | ICE Award |
| Paarth Sood | IGCSE | Distinction | Mar 2019 | ICE Award |
| Ananya Anantharaman | IGCSE | A* | Mar 2019 | Biology |
| Megha Jain | IGCSE | A* | Mar 2019 | Biology, Chemistry, Mathematics |
| Minhaj Faridh | IGCSE | A* | Mar 2019 | Biology, Chemistry, English, Mathematics, Physics |
| Anurag Konar | IGCSE | A* | Mar 2019 | Biology, Chemistry, Physics |
| Aditya Makkar | IGCSE | A* | Mar 2019 | Biology, Physics |
| Paarth Sood | IGCSE | A* | Mar 2019 | Business Studies, Chemistry, French |
| Ahana Sinha | IGCSE | A* | Mar 2019 | Chemistry, Economics, Mathematics, Physics |
| Ananthajit Srikanth | IGCSE | A* | Mar 2019 | Chemistry, Economics, English, French, Physics |
| Adnan Khatib | IGCSE | A* | Mar 2019 | Mathematics, Physics |
| Prajval Mathur | IGCSE | A* | Mar 2019 | Mathematics |
| Hetvi Bhatt | IGCSE | A | Mar 2019 | Biology, English |
| Icy Jain | IGCSE | A | Mar 2019 | Biology, ICT, Mathematics, Physics |
| Kanchi Mehta | IGCSE | A | Mar 2019 | Biology, Economics |
| Parnica Srimal | IGCSE | A | Mar 2019 | Biology, Chemistry, Mathematics, Physics |
| Aditya Bhosale | IGCSE | A | Mar 2019 | Biology |
| Ananya Anantharaman | IGCSE | A | Mar 2019 | Business Studies |
| Kunj Jain | IGCSE | A | Mar 2019 | Chemistry, Hindi, Physics |
| Adnan Khatib | IGCSE | A | Mar 2019 | Chemistry, ICT |
| Aditya Makkar | IGCSE | A | Mar 2019 | Chemistry, English, ICT, Mathematics |
| Janhvi Agarwal | IGCSE | A | Mar 2019 | Economics, Mathematics, Physics |
| Paarth Sood | IGCSE | A | Mar 2019 | Economics, Mathematics, Physics |
| Ahana Sinha | IGCSE | A | Mar 2019 | English |
| Minhaj Faridh | IGCSE | A | Mar 2019 | Hindi |
| Gayatri Sharma | IGCSE | A | Mar 2019 | Hindi |
| Panya Khare | IGCSE | A | Mar 2019 | ICT, Physics |
| Anurag Konar | IGCSE | A | Mar 2019 | Mathematics |
| Megha Jain | IGCSE | A | Mar 2019 | Physics |



Recognition and Awards







AWARD & ACHIEVEMENT



Qualifier winners of MaRRS
Interschool Scientia and Spelling
Bee exam



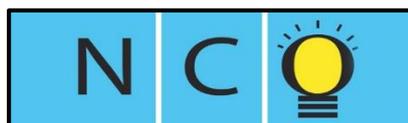
| Name | Grade | Category |
|-----------------|-------|--------------|
| Dhyana Rangrej | 2B | Scientia |
| Daksh Wasrani | 1B | Spelling Bee |
| Tuhina Roy | 2A | Spelling Bee |
| Namita Nair | IIC | Spelling Bee |
| Darsh Advani | II C | Spelling Bee |
| Kritagya Sinha | 4A | Spelling Bee |
| Evana Deshpande | 4A | Spelling Bee |
| Niyati Panjabi | 4A | Spelling Bee |
| Akash Sapkal | 7 | Spelling Bee |

Awardees of the International
English Olympiad (IEO) 2018-19



| Name | Grade | Zonal Rank | International Rank | Award |
|-----------------|-------|------------|--------------------|--|
| Tuhina Roy | 2 | 4 | 4 | Certificate of zonal excellence + medal of distinction + gift worth 1000/- |
| Aharsi Majumdar | 2 | 4 | 4 | Certificate of zonal excellence + medal of distinction + gift worth 1000/- |
| Dhruv Chadha | 4 | 1 | 1 | Medal of distinction + certificate of distinction |
| Ishwari Chhatre | 5 | 8 | 14 | Medal of distinction + certificate of distinction |
| Minhaj Faridh | 10 | 4 | 8 | Medal of distinction + certificate of distinction |

Awardees of the National Cyber Olympiad (NCO) 2018-19



| Name | Grade | Zonal Rank | International Rank | Award |
|--------------|-------|------------|--------------------|---|
| Janvi Patil | 2A | 18 | 26 | Certificate of zonal excellence + medal of distinction + certificate of distinction |
| Dhruv Chadha | 4B | 16 | 29 | Certificate of zonal excellence + medal of distinction + certificate of distinction |
| Joel Kumar | 4B | 23 | 38 | Certificate of zonal excellence + medal of distinction + certificate of distinction |

Awardees of the National Science Olympiad (NSO) 2018-19



| Name | Grade | Zonal Rank | International Rank | Award |
|-----------------|-------|------------|--------------------|---|
| Aaryan Panda | 2 | 30 | 36 | School gold medal + participation certificate |
| Aharsi Majumdar | 2 | 45 | 53 | School silver medal + participation certificate |

Awardees of the International Mathematics Olympiad (IMO) 2018-19



| Name | Grade | Zonal Rank | International Rank | Award |
|------------|-------|------------|--------------------|--|
| Tuhina Roy | 2 | 23 | 23 | Certificate of Zonal Excellence + Medal of Distinction + Certificate |

Sports Achiever's Gallery









2 city fencers picked for intn'l championship

Navi Mumbai: Two out of three players from Navi Mumbai have qualified to represent the country at the upcoming International Fencing Championship to be held at Bangkok, Thailand from September 27 to 30. They include Anwar Hussain and Krishiv Abhishek-both from Poddar International School of Nerul. The third student Samrudhi Patil is from Blossoms High School, Churchgate. They were selected on the basis of their performance at the just held third National Child Cup Fencing Championship at Nashik. All of them played in the under 10 age group. — **BB Nayak**





Climbing Pinnacles

Climbing pinnacles means achieving your goals after meeting tremendous challenges and overcoming obstacles. Even though life appears to get tough, you persevere.

Since the age of 3, I nurtured the dream of becoming a helicopter pilot. Whether it is buying toys, watching movies or even playing video games, the only thing which fascinated me were helicopters. I have a huge collection of helicopters, from the smallest model to the remote controlled ones. This is my most precious treasure.

It is only when you believe in your dreams and desires, does one develop the confidence of winning no matter what. I am determined to climb any mountain to achieve my goal. I know it

is not easy, but I believe this is my destiny. I get inspired by the rescue movies, documentaries and also the various rescue missions I watch on YouTube. My aim is to qualify as a rescue pilot for snow, the mountains and the sea. I love the prospect of rescuing people.



In order to pursue my dream I need to study very hard, especially Math and Science. I have to be focussed and even if I feel defeated, I have to rise again. I

will persevere till I achieve my goal. A dream and a goal will help one transform the impossible into possible, scale any mountain even as high as the Everest.

Eashaan Singh
Grade 3A

Climbing Pinnacles

Everybody has goals, even grown-ups. Goals are amazing. My goal is to become a famous make-up artist or a stunning model. I aspire to win the world's best make-up artist award. I have a strong desire that my mom and dad should be the proudest parents in the world.



Goals are never ending. Even if we achieve one goal we should set another goal and plan a way to achieve it. Each one of us should never give up on our goals and dreams.

Anshika Sen
Grade 3A



We all set our own goals and we should respect the thoughts and feelings of others and the goals that they have set in their life. Let's take my example, I wasn't so good in mathematical calculations but I set my goal high and I promised myself that I would get A* in my exams. My father was the guiding force behind me who gave me the confidence that nothing was impossible. But in the beginning the biggest obstruction was to inculcate interest in Mathematics. I practised hard but still I got low marks. But I didn't lose hope and I finally achieved good marks with my self-determination and practice. I learnt that it takes time to achieve our goals but we should believe in ourselves and we would surely achieve success one day.

Aradhya Bhatia
Grade 4A

CLIMBING PINNACLES

Climbing pinnacles in life, means to achieve goals which you have set in life. What you achieve in life is a result of your habits. *“We are what we repeatedly do. Excellence then, is not an act, but a habit”* –Will Durant.

This means that we can achieve our goals and climb pinnacles by changing our habits.

Some key steps we that we can take to form good habits that can help us climb any pinnacle are listed below:

- ✚ Decide what habits are good or bad.
- ✚ Focus on one good habit at a time.
- ✚ Set bars which you can achieve.



For example – I want to run long. Then to achieve that goal, you need to start by walking every day. Use check lists and track them. We form habits to transform our lives, and to make them better for all.

Raaga Rajan
Grade 3B



Climbing Pinnacles means how you have achieved or improved. I have improved so much in reading.

I used to never read, I hated it but now I am always reading.

I think I have become a bookworm. I have also improved in drawing.

With hard work even, you can improve in anything.

Anam Sayed
Grade 3B

Climbing Pinnacles

Is it possible for everyone to achieve success? In my opinion, yes it is. So let's discuss how it is possible.



According to my understanding, any mountain can be climbed with hard work and patience. Without hard work and patience, you can't achieve success. Example, if your dream is to get higher grades in your exams, but you are not studying and do not practice, your success will be not as good as you wished! And also you need to have patience, because the process to reach the pinnacle can take a year, 5 years or all your life!

The process of climbing a mountain is very important. It can be difficult sometimes, but if you practice and have patience, you can reach till pinnacle and be successful. There are many mountains in world and there are many opportunities in your life. But the one

thing you should remember is, if you want to be successful, be hard working and have patience. Then you can be successful.

Nasil Lee
Grade 4B

Everybody wants to be successful in life, but only a small fraction of us go onto achieve what we truly want in life. Why is that?

When it comes to living a successful life and achieving what we want, most of us set goals, we follow the advice from our gurus and write down what we want to achieve, unfortunately, many people are not able to achieve their goals. Goal setting is powerful and the technique can help you achieve greater heights in life. But let's be honest, most of the people who use these techniques will end up never accomplishing what they want. There is more than just writing what you want. I've noticed that people who have good intentions are always successful in achieving their goals. Whenever you want to achieve a goal, your intention must be strong and noble.

Amritleen Arora
Grade 5B



Climbing pinnacles can be explained as a successful climb which is a peak of success. The most successful point that cannot be measured with a ruler like an achievement or goal. There are many famous personalities who have achieved a pinnacle of success .Few examples are Dhirubhai Ambani, Dr.A.P.J.Abdul Kalam, Sachin Tendulkar, Amitabh Bacchan, Narayan Murthy, Sudha Murthy, Steve Jobs and many more. They all have inspiring stories, struggle, difficulties, failures are faced by all of them. People become successful when they have strength and courage to stand up after falling and move on with the same vision which they had in their mind about their goals. As it says," Falling down is an accident but staying down is a choice." To reach to the peak of success every individual has to climb many steps

because success has always been a journey rather than a destination. We all are born with a unique and extraordinary signature by believing in ourselves.

Let's take an example of the story of Mark Ingles, Mountaineer from New Zealand. He is the first double amputee to climb Mt. Everest."



Disability is state of mind,” says Inglis. Hence he does not refer himself as disabled but as ‘double amputee’. This cheerful man suffered a tragic accident when he was climbing Mt. Everest.

He was trapped in a snow cave for about 9 days. After the 8th day rescue helicopter finally reached. Now he had 2 choices lying in front of him. One was to accept and live his life as a depressed disabled man who once scaled the mountain and second option was to carry on with his life as a mountaineer and keep climbing mountains as he did before. He did exactly what every strong willed would have done. He scaled the tallest mountain in New Zealand and soon also completed the “Pinnacles of Earth” The Himalayas. Now a Mountaineer and a motivational speaker, Inglis says that He unlike others can charge his legs anytime, in a sarcastic way.

His life teaches us that to reach a pinnacle in life; we have to have a strength and a positive attitude during harsh times of life and a sense of determination and passion towards our work in life.

Gargi
Grade 4B

Pinnacles – It means the top of the mountains. However for each individual, pinnacle has a different meaning. For a mountaineer it is to climb the highest peak of the most dangerous mountains. For students to do well in their studies and acquiring life skills is climbing their pinnacle. For a sales man the pinnacle would be to get highest sales in the office. For an athlete to win every race and better his or her performance would be the pinnacle.



In short a pinnacle is what every achiever needs to dream. All their efforts should be channelled in achieving their dreams. One should never lose sight of their pinnacles. One must also keep on revisiting their pinnacles.

When we achieve our current pinnacle we should set higher targets for

ourselves and make them our pinnacle. This will help us ensure that we are always keeping on moving towards higher targets. One pinnacle which each and every person must always consider is to become a better human being and learn from our own mistakes.

Another pinnacle to be considered by one and all is to overcome ones fears.

Let us all work towards
Climbing our own Pinnacles!!!

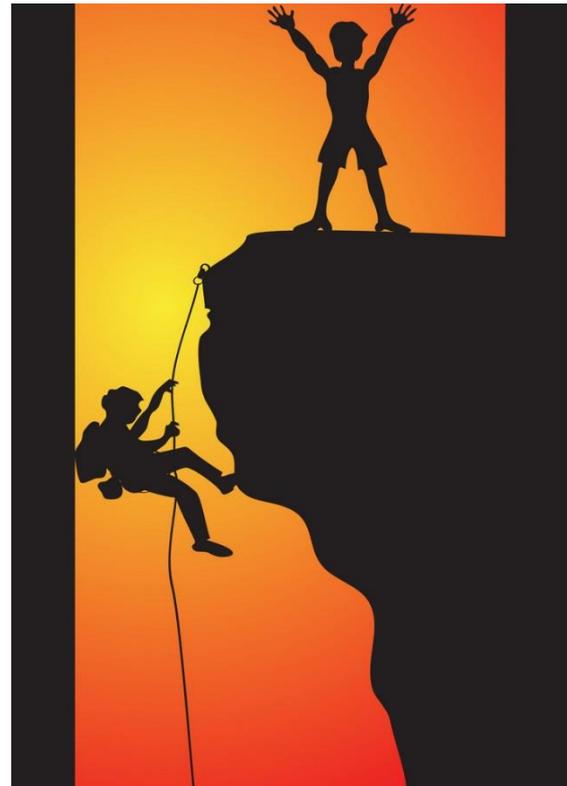
Lavanya Sriram
Grade 5B

Success, what is success? You may say that it is an achievement but it's not only an achievement, it's the time when all your efforts give you a reward of success.

Success can also be imagined as a way to a pinnacle with steps. On every step you have to save your energy to use it at the top, where success is.

This is a step by step procedure. The first step is to acquire all the information, skills and equipment needed for the specific achievement. Second is to observe people who worked in the same field and how they overcame the hardships and obstacles which might come on the way.

Now the third step is that even if you face failure, don't give up, find out the mistakes, rectify them and then continue. So if you will keep putting your efforts and skills in the right direction then one day you will reach the pinnacle of success.



At the end I want to tell you all, keep putting your efforts for achieving your goals and always remember the steps to success.

One should never lose hope as success surely comes to those who strive to achieve it.

Anay Jaiswal
Grade 5B



Climbing the pinnacle

Dictionary defines “Pinnacle” as high, pointed piece of rock or two, the most successful point, and the culmination.

While some people would consider climbing the pinnacle as climbing the mountain in literal sense. Personally, in my case the second option of conquering my fears and anxiety is probably most appropriate. My fear was not about spiders and cockroaches or ghosts. Well they are on kid’s fear list, by the way. Many adults have not grown out of it too.

“I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear.”- Nelson Mandela

Since my early childhood (I am 9 years old now, not in distant past), I had this fear of not performing well or rather disappointing my parents and teachers.

The fear didn’t stop me from participating but my success was always overshadowed by my fear, “what if I don’t do well next time”. This ‘what if’ became bigger with time and it started to haunt me, it was literally my nightmare. My confidence was rock bottom and I stopped participating in all extra-curricular activities. My fear was my cocoon, stopping me every time I would muster my confidence. ‘What if’ had become a pinnacle and I was at the bottom wondering how to climb.



I found solace in reading books and gradually I became an avid reader, I would read anything I could get my hands on. My friend circle became smaller, this did not go unnoticed by my parents; they tried to coax me and sat

me down a number of times but I was unable to explain or express myself I was too young. My parents always had a word of encouragement for me but never forced me to do anything I didn't want to do. My father gifted me a book "My little epiphanies" by Aisha Chaudhary. A book written by a young teenager suffering from a dreadful disease.

One day while reading this book my father narrated me an incident about Aisha Chaudhary. She was invited to an "ink talk" but her father refused as she was extremely sick and could barely speak, inspite of this she insisted, "I must do it because I can't". My father further explained that most people are afraid of being judged by others and so they never really try what they really want. Failure is part and parcel of every one's life, what is more important? To give up before trying or to give your best shot and accept the result graciously.

My young mind tried to make sense of it but I knew no matter what happens, my parents are my safety harness and I can climb the pinnacle without the fear of falling. "Pick the highest mountain to climb on and the dullest of the days to shine on"- Aisha Chaudhary

Inika Bisht
Grade 5A

Climbing pinnacles can be simply interpreted as climbing mountains. But if we want to search for a deeper meaning it is achieving utter success or our greatest goals. To reach our goals we need to work hard and be open minded and focused. To start with our journey, we need to believe in ourselves and our goals. We always appreciate superstars and geniuses like Virat Kohli, Albert Einstein, Pardeep Narwal, Sachin Tendulkar, A.P.J Abdul Kalam, M.S. Dhoni, Lionel Messi, Cristiano Ronaldo etc. They have taken lot of efforts to achieve their goals.



My goal in life is to become a doctor for which, I will take as many efforts as required. I don't want to be like other doctors. I will be a special doctor who will help people to cure their ailment with minimum cost. To reach this pinnacle, I need many skills like calmness, intelligence, smartness, determination and dedication. Anyone else can succeed in their dreams with right attitude and hard work.

Niyaant Parpudi
Grade 4A



Whenever there is an annual event in our school, every student is asked and encouraged to take part in it. Not a single student is left out. Some get big roles some get small, but everybody is an important part of the event.

My teachers ask every student to take part in answering questions, events, sports, quizzes etc.

Everyday I am happy to go to school because in an ocean of Podar's students, I am like one drop but my teachers consider every student important because every drop counts in an ocean.

Utkarsh Saxena
Grade 3B

"Every drop counts in an ocean"
Hmm..ok I would relate the ocean here as knowledge. Ocean has no end, it goes deeper and deeper. Knowledge is just like same, the more we read the more knowledge we gain. Every drop of

rain water collects in an ocean. Like same the good valuable things which we learn in our school, will help us to become a successful person in our life.

T. Rishmitha
Grade 4B

Water is the driving force of all nature, it is at the core of sustainable development and is critical for socio-economic development, healthy ecosystems and for human survival itself. Unfortunately for our planet, supplies are beginning to run dry, at an alarming rate.

During summer, the requirement of fresh water grows and the difficulty to obtain it is felt across the planet. In order to handle such difficult situations preventive measures should be taken.

Water is a finite and irreplaceable resource that is only renewable if well managed. Rainwater harvesting is the

sensible way of recycling. Apart from that, whenever we clean the overhead tank, instead of wasting the water, we can use it to water the plants and clean the garage. We can save three buckets of water every other day by using the

the heights belong only to those, who can see them.

If you have strong self-confidence and determined will, you can certainly triumph over any obstacle that comes your way in life. Step boldly into the

Let's Make a Difference



soap water from soaked clothes to either flush or clean the bathrooms. The water from mopping the floor can also be recycled. Water is precious! Every drop adds to the making of an ocean. Every practice counts. We have to realize that using water the way we have in the past simply will not sustain our planet in future.

Aarna Singh
Grade 5B

Make hay while the sun shines. Begin your work at the break of dawn. Tomorrow is only a myth, it is only a vision. Yesterday is now a mere dream. Today is a fact and it is for you to act! Don't put off for tomorrow what you can do today. Aim as high as you can, for

future as you dream it, for without great risks there can be no great rewards.

“Prayer in action is love and love in action is service. Try to give unconditionally whatever a person needs, however small, and show you care through your actions. We feel that what we do is just a tiny drop in the ocean, but that ocean would amount less without your drop.” – Mother Teresa. Take one thing at a time but excel at it immensely for small sands make the mountains, tiny drops the ocean and memorable moments the years. Your success depends more on your attitude than your aptitude.

YES, YOU CAN!!!

Ishwari Chhatre
Grade 5A

Seniors English Club



ONE DREAM CAN CHANGE THE FUTURE

If flowers were only one colour, would you grow them? If markers were only one colour, would you colour with them? There would be no more pinks and purples for the little girls to draw their fairy dresses. Do we want to live in the world where there is no diversity? Do we want to live in a world where there is no change and everything stays the same? I DON'T THINK SO!!



I want to live in a world where everyone is equal and everyone works no matter what the colour of their skin is or what their gender is! I dare to dream that, I am living in a world where your colour,

gender, religion, caste doesn't matter (matters what is deep down in your heart). We are the future, and we need to make this world a better place to live.

“EVERYONE NEEDS A VISION STATEMENT WHICH STIRS THE IMAGINARY AND MOTIVATES NOT ONLY ALL SEGMENTS OF ONESELF BUT THE SOCIETY AS A WHOLE...”

Tanisi Saxena
Grade 6A

We live in a world full of luxuries, gadgets and many more. But do you know how we have them now? It is due to the dreams of our ancestors.

Take electricity for example. At the turn of the century, an American, Lionel Howard had the great idea of wiring a tiny bulb to an electric battery, which was a 19th century invention. When he pressed a button, the device made a pot of flowers light up.

The illuminated object was proudly shown by Howard to his friend, Conrad Hubert, who had an even greater idea. He put a battery and a bulb in a tube, created a company called “Ever Ready” and made a fortune out of his ‘electric hand torch’, now known as a flashlight, which is even present in our mobiles. Electricity was also invented by Howard and now is something no one can live without.

Shopping carts were invented by Sylvan Goldman, whose dream was to ease shopping for women, who used to stop when their baskets got heavy. Waste disposal problems were solved by William Dibdep when a biological plant started treating Manchester’s sewage by 1914. The system was adapted worldwide by the 1920s and now it is cleaner and fresher.



So, all these dreams, as everyone can see, have changed the world. Now, it is your turn to dream big and invent big!

Manasvi Guha
Grade 6A



To achieve any goal in life, two things are imperative. You need determination and dedication. You need to put in long working hours and burn in midnight oil. However, success is elusive. It does not take place overnight. Patience is an extremely important virtue too. Good things come to those who wait. Thus, each of us can start with a dream. It may seem impossible at first, but gradually you will achieve it.

There are icons all around us who have come from humble backgrounds and have reached pinnacle of success in their lives. What do they all have in common? They all clutched at a dream. They never had any doubt on their dream neither they thought that they were not worth it.

Take the example of our Hon’ble Prime Minister Shri Narendra Modi ji. He started out by serving tea, but his dreams were much higher and today he

is at the exalted position of the most important person in the country. MS Dhoni faced many obstacles, he was not the captain of the Indian cricket team since Day 1. He took the job of Indian Railways and lived in the extreme conditions, but his conviction get him going to reach where he is today. Even popular film personality Shahrukh Khan lost his parent at a young age, but he fought against all odds to reach and become the superstar that he is today. Some of the world's most elite people started out from extremely humble background. Russian business tycoon Roman Abramovich, after being orphaned at age 2, was raised by an uncle and his family. He started a small company producing plastic toys and eventually found an oil business to make a name far in the oil industry. He acquired the Chelsea Football Club in 2003 and owns the world's biggest yacht.

Thus, let us take inspiration from these men and their dreams. Whether you want to start a company or a charity, just do it. If you want to create something beautiful make it. Don't let any fear stop you. Don't let the risk of failure stop you. Don't let other's opinion stop you. These are just transitional blips in a macro scheme of

things. When fear fall away, anything is possible. So, just go for it – follow your heart, pursue your dreams and create a legacy that you will be known for.

Lakshya Bhasin **Grade 6B**

A quotation from early Greek literature reads: 'Hold onto your dreams, for if dreams should die, life is a broken-winged bird that cannot fly' written more than two thousand years ago, it shows that even in early times, people had realized the importance of dreams and knew that dreams gave meaning to life. Life is capable of dreaming very profound things. If a person has a dream and holds on to it, his or her mind will find a way to bring it into reality. Even older people should believe that it is never too late to dream and make their dreams come true.

Children are natural dreamers. With their rich imagination, they will come up with fantastic dreams. Rather than mock at them or laugh at them for being naive, adults should encourage them to dream. History is full of examples where great men who had achieved in life had been dreamers, example: Thomas Edison, the man who had harnessed electricity; who used to be ostracized

when he was in primary school. Apparently, he was way ahead of everyone else in his time. There are plenty of real life stories where young minds were planted with dreams that were realized later in their adult lives.



Teenagers and young adults too should be encouraged to dream. The world is full of successful teenagers and young adults who dream big and whose dreams changed their lives and also affected others. The examples that come to mind immediately are Steve Jobs and Bill Gates, the founder of Apple Company and Microsoft respectively. In the case of these two Americans, their dreams have changed the whole world besides bringing fortunes to themselves. They have revolutionized technology and brought great convenience and progress to mankind.

Older adults should also have big dreams. Even an elderly gentleman like Colonel Saunders was able to realize his dreams at the age of 67 and set up

the biggest fried chicken franchise and created a revolution in the methods used to sell fast food. It goes to show that it is never too late to make dreams turn into reality.

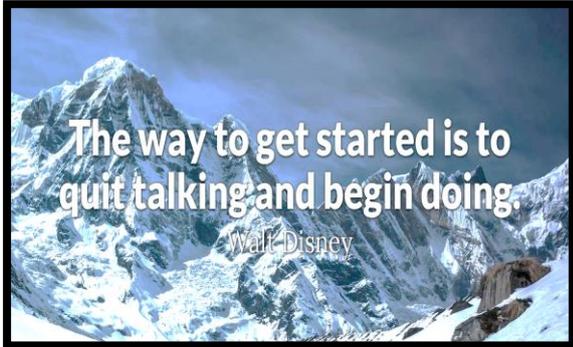
The ability to dream is a wonderful human faculty which can lead to wonderful results. Olympic records were broken by young athletes who dared to dream. No one is too young or too old to dream. We just have to work towards making dreams come true. The human mind, once it becomes focused on something, can break limits and surpass expectations. It leaves no stone unturned to make dreams into reality.

Ibrahim Shaikh **Grade 6B**

I'm sure that you all know Nike, right? Well, I'm also sure that you didn't know that the CEO of Nike, Phil Knight, started out with just 50 DOLLARS from his father, along with a simple dream; to import high-quality, low-cost running shoes from Japan. Now, if that didn't inspire you, I really don't know what will....

Everyone has ideas. You just need to work hard to give them some shape. Even though you always start out with zero, none, nought, nothing, nil, and all

the other synonyms for zero out there, if you work hard enough, you can have a positive, good outcome, exactly like Philip “Phil” Knight, founder of Nike, did.



Walt Disney was a great inspiration, too. He grew up poor and had to face many difficulties in life, he is one of the most well-known and inspirational people of the world.

There are many inspirational people out there that I am sure you didn't know about, before reading this sentence that I have written right here, like Nellie Bly, Alek Wek, Jorge Munoz, and thousands more! They all started out with almost nothing, but managed to become famous. Almost all the great personalities and inventors started out with nothing but a solid dream as well!

Inspiration doesn't always come from only people; it can come from different places as well. So start with one dream, work hard, think, and make yourself someone others will look up to and get inspired by. After all, Rome wasn't built in just a day, right?

Navya Gupta
Grade 6A

Dreams are essential in life for without them, life is meaningless. Dreams are the motivators in life which help you move on even if you encounter failures or obstacles in your life.

Everyone dreams and that is how they become successful in their life. Bill Gates and Jeff Bezos, the founders of two great companies, Microsoft and Amazon respectively, were dreamers and look how much they impact the world today. A single dream can change the world.

Mohandas Karamchand Gandhi, popularly known as the Father of India or Mahatma Gandhi, dreamt of an independent India. He fought hard and struggled a lot for Indian freedom and rights, but he didn't give up and kept moving fuelled by his dream and love for his nation and in the end brought independence to India in 1947. He inspired many people around the world like Martin Luther King jr., who fought for equal civil rights for African-Americans in the United States and achieved his aims. Dreams bring a sense of pride and satisfaction in what you have achieved.

My dream is to have a pollution-free world which can benefit millions across the world. If I pursue this dream and

dedicate my life to it then one day, after many failures, I might be able to accomplish it. Then this dream will provide clean breathing air for everyone and reduce the chances of



respiratory problems around the world.

Everyone has a dream and will work hard for it. Everyone has a dream, what's yours?

Aarush Shetty
Grade 7A

Victor Hugo once said, "There is nothing like a dream to create the future". We as human need to find a purpose in life, dream about the future and then work towards achieving it.

For this it is important to dream big and set your goals high. Being a big dreamer does not mean walking with our head in the cloud, but it means changing our life by being more committed to our dreams and striving

hard to achieve it by coming out of our comfort zone.

If we take a sneak peek into the history, we will come across many examples where people achieved big feats only because they could dream about it.

Dhirubhai Ambani started Reliance with just thousand rupees in his pocket, but could create a big business empire, just because he dreamt of making Reliance a world class business conglomerate. Similarly, Steve Jobs once advised Disney stores to dream bigger and that is what inspired Disney to think radically and led to offering of physical manifestation of Disney experience in their stores.

Hence, if we want to achieve anything great in life, we need to dream about it and dream big. This needs to be combined with dedication, hard work and working relentlessly to achieve it.

Anoushka Saxena
Grade 7A

One



DREAM

can change the future!

One dream can change the future... What does this mean to you? Well, to me, I feel that this is one of the opportunities to change the society. Dreams are worlds that are completely ours. Some may think that dreams are just what fill our minds when we are unconscious. Well, it is partially correct. But dreams can be different. They are wishes or a to-be-achieved goals.

There are few things that are important to achieve a goal. Determination, dedication, patience, motivation, imagination and effort.

Dreams bring the thought of other people's lifestyles to our minds. There are many people

out there in the world, who have really big dreams, enough skills and potential

to accomplish their wishes, but don't have enough money or power to help them attain it. Money and power are important, because they provide one the ability to achieve goals. Despite the fact that they don't have a living, no money, food, medicine, shelter or proper education, they never take their foot backward, after talking a step. We wish we can do something, don't we? Well, the problem here is that we only wish, but do not put enough efforts to try and make it come true. We have to work on our dreams, we have to give our 100% effort in whatever we do.



There are so many people, who can inspire and motivate you to keep trying to achieve

your goal(s). They have gone through so much trouble to finally complete their goal, like, J.K. Rowling, the author of

the best-selling book series Harry Potter. She was so poor, rejected by 12 publishing houses, saw the death of her mother, divorce from her husband and birth of her first child. Even after all this, she is one of the most successful and richest authors of all time.

Her dreams were to write books, and help people in any way she could. Once she was one of the richest, she donated nearly \$120 million dollars for charity. Not only J.K. Rowling, but even superstar Rajinikanth suffered. He was nothing more than a bus conductor and carpenter. But his dreams were much bigger. He reached success and now, he is the superstar of India.

A dream can definitely change the future, where some may think that is not viable. We may not be able to do it alone, but when people of the same goal come together with unity, it is doubtlessly viable. "It is our choices...that show what we truly are, far more than our abilities." Said J.K.Rowling. It really is our choices that create a new world, dreams. When we dream, and we make it come true, the joy and happiness is immense, because making dreams come true requires hard work and positive thoughts. Take this as an opportunity

God has provided you to prove your loyalty and love to the world.

Famous and inspirational people like Martin Luther King or Mahatma Gandhi did something that set a proper path for them to follow, for them to reach success in a genuine manner, like, always setting a goal and following, being consistent, making the best out of every situation, taking the responsibility of their lives, forming valuable relationships, making sacrifices, never giving up, taking risks, cherishing hard work and discipline and creating value. So, watch inspirational movies, read inspirational books and listen to inspirational speeches.

For one to reach success, the most important is not money or power. It may look like you need money and power to achieve something, but, if many people with the same goal and dream come together, unity is much more powerful than money. It is not enough that you only dream. It is important that you put efforts into carrying it out. Help the society for the future generations as much as you can.

It's not a burden, it's just social service!

Yuvamirudhula.V.
Grade 7A

Many years ago , when Edison dreamt of inventing the bulb, he lit up the world!

The future changed. People no longer had to live in darkness or in the dim lights of candles. When Indians, dominated, ruled and brutalised by their British rulers, dreamt of becoming free, they created an independent India in which we now live with such dignity and freedom.



Such is the power of dreams! Rightly said, "The future belongs to those who believe in the power of their dreams.

One person and one dream has led to revolutions, inventions and discoveries that changed the face of the world, changed the way people live and altered the course of history.

Columbus created history when he dreamt of discovering new lands. Researchers all over the world dream of a day that will be free from disease and hence, work diligently and incessantly

towards creating new medicines to eradicate dreaded diseases like cancer and AIDS from the world. It all begins with a single dream. A dream so strong that it makes us forget everything else and passionately pursue it to bring it to fruition.

Chanakya dreamt of overthrowing the tyrannical ruler of Magdha and thus was born Chandragupt Maurya and the great Mauryan empire.

But realizing our dream requires persistence and perseverance. Our belief in our one dream has to be complete, non-negotiable and so over-whelming that we work towards making it a reality with single minded devotion to the exclusion of everything else. And the one dream changes the future as it has shown us in the past.

One dream led to the creation of computers. One dream made Napoleon one of the most powerful rulers on earth. One dream put man on the moon. So dream on.

Trinabh Sharma
Grade 7A

One DREAM Can change the future

“Some people dream of success, while other people get up every morning and make it happen” - Wayne Huizenga

Every morning we get up dreaming something, which may be fantasy, a wish, or a plan, some might think it as a waste of time as their approach to life is pretty laid back but there are people in the world who dream to change the future and guess what? They have stunned the world with their brainstorming ideas. They have shared their ideas and helped mankind in improving lifestyle, environment, and even

stimulate our mind and persuade us to push harder to bring changes.

Martin Luther King

Jr dreamt that he would change the mentality of the people and accept blacks as fellow citizens; he made the masses aware that like white people, they too have dreams, and aspirations,

though it was a long hard struggle but one man's dream became a reality for millions of blacks across the world. Dreams can show us our destiny, our unknown talents, that are yet to be discovered.

Everyone one of us has a talent that makes us unique. However, some think that they do not have talents and ability to dream big like other people, this is because they fear to fail but failure should be considered as a learning curve and fear is something that blocks you from doing so like an obstacle in

your path and the action you take determines your future and present.

Even I faced this situation in my life but my willpower

was the thing that helped me to adapt and learn how to use those talents for the greater benefit of my life. I developed interest in software programming and gained confidence in



leading group projects although I have not reached the pinnacle point. It made me realize that my dreams helped me to harness my potential and talent. I am sure now that behind every dream is a potential to change the future. This potential can only be realized by perseverance (getting up every time you fall), grit, sheer hard work and drizzle of luck. The most important realization of my life is that “it’s possible”!

One man’s dream can become a dream for hundreds, when this happens it is the turning point in history. Mahatma Gandhi had an ambitious dream of independent India and to obtain it through non-violence. He made his vision a dream for hundreds of Indians, though it was a long hard struggle of 50 years he and his followers never gave up. This was the turning point in Indian history and their dream became a reality in 1947. Had Mahatma Gandhi not dreamt of independent India and channelized the masses of India, our future would have been quite different.

“A dream doesn’t become a reality through magic; it takes sweat, determination, and hard work” - Colin Powell

Akshat Bisht
Grade 8A

Life without dreams does not seem to exist. We live to dream and then these dreams make our lives inspirational. I have a dream. My dream is that every child on this earth is educated.

Literacy or education is one such weapon that can turn the lives of every human being. Children should not be made to work, they need to be educated so that they can fulfil their dreams of becoming a successful human being. Education is the right of every child and it is through education only that we can change the outlook, perspective of our society and the entire world.



We talk about development but we need to understand that education is the threshold to development so, to every child – I dream of a world where you can dance, laugh, sing, learn, live in peace and be happy.

Swanyam Sharma
Grade 6B

One dream can change the

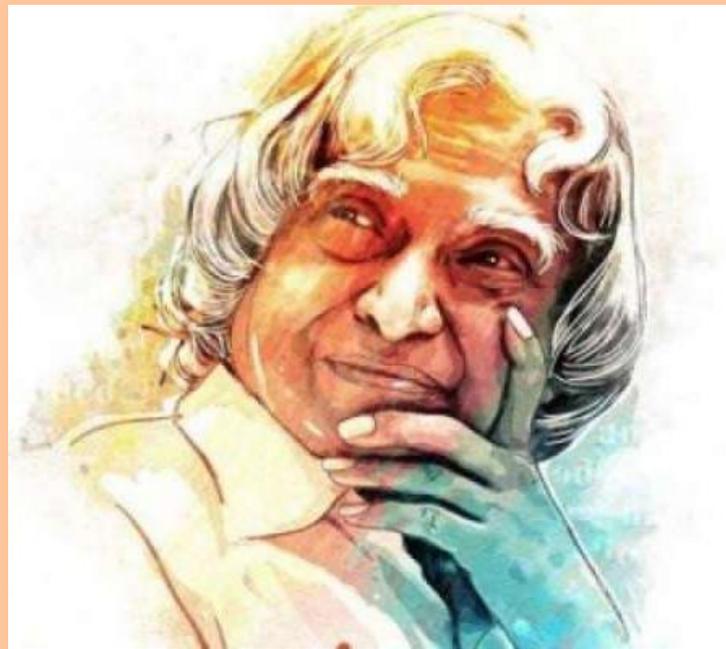


Anyone's one dream can change their future. In the same way when Avul Pakir Jainulabdeen Abdul Kalam (known as Dr.APJ Abdul Kalam) was ten years old, one of his teachers Siva Subramanian Iyer, took students to the seashore

and asked them to observe the birds in flight.

Then the teacher gave the children a theoretical explanation which

coupled with the live practical example, cast a deep influence on young Kalam's mind. That very day the boy realized that his life's calling had something to do with the flight. After completing studies and graduating in Science in 1954.



Pursuing his childhood dream, he went to Madras to study Aerospace Engineering in Madras Institute of Technology. He became a scientist in 1957. After becoming a scientist Dr. APJ Abdul Kalam planned to test the

nuclear bomb and successfully tested it on 18 May, 1974. Later he became India's president in 2002 till 2007.

This is how Dr. APJ

Abdul Kalam became a great person by dreaming to take flight in his life. You should also have a dream in your childhood so that you can change your future and become a great person.

Shlok Punjabi
Grade 7A



Deep Dive, this is a phrase that has two faces. The ocean is a blue paradise, with angelic creatures who live a carefree life. The ocean is a life saver and giver, consisting of life, and having the prime source of existence, water. But every good setting has its own issues. The ocean has its own danger in its deepest, darkest depths, after all, it's in our nature to be scared of the unknown. The truth is, even though the ocean isn't the definition of paradise, its beauty outshines its flaws.

The other face of deep dive is the most important part. Diving into something you love, without thinking how deep it is or where you will end up. Following your passion, dreams, goals without knowing if you will enjoy the pleasures of the path, or just end up somewhere unknown. It's a risk, but risks are chances, it's about a leap of faith. You see, diving isn't as easy as it may sound

though, you have to know which ocean you have to jump in.

When you will dive in an ocean that doesn't accept you, or an ocean you don't accept, things will get tough, but in the end, it will be worth it. The phrase 'Ocean is a Life Giver' can be taken quite literally if you think about it in this way. Although it's hard to decide at a young age like me, it doesn't really matter, you can be a young kid holding a lollipop or an old man trying to get up from an awfully long time of sitting in one position.

You can enjoy swimming around in a blue space with colourful corals and the peaceful silence once you dive in, these are only some of the perks, of course there are flaws, but the beauty outshines its flaws, just like the ocean. So close your nose and dive in!

Aadya Sinha
Grade 7A



TECHNOLOGY BLOOD VESSELS TO THE FUTURE

Technology can become the 'wings' that will allow the educational world to fly faster than even before, if we allow it to. Technology is the most important in today's world as it provides us with range of functions in many of the most vital aspects in the modern society like communication, education, business and scientific progress and learning as well. Various ideas are brought up and they would be impossible without the presence of technology.

The evolution of technology is very valuable and beneficial, it has and still does bring progress in many facets in life. Few decades back technology was not this developed and advanced, the transition within these few years has been unbelievable and astonishing. The introduction of technology to our lives is

like a blessing, as the old tiring methods have been transformed to more convenient and adaptable methods.

Years back storage and sharing was an exhausting and stressful job, keeping documents safely, waiting to receive documents, toiling to send files these all were really risky yet time consuming systems, but now that technology has taken over, storage and sharing can be done within a click of a button consequently leading to safer and quicker transfer of documents.

Even the way of teaching and learning has been replenished and augmented with the introduction of these



inventions; for instance computers and projects. In the present, presentation of a project can be done smartly and easily, however in the earlier times student spent hours making charts and presentable models leading to wastage of time. The

adaptation of features of technology not only helps the teachers, to teach but make students more keen and interested towards learning.

Ever since, these smart inventions have been adopted, businesses have started to become more successful. To add, technology has given huge aid to medical treatments as well, although these can be expensive, the assurance level is more and it is safer and trustworthy. Complicated tasks like checking ones heartbeat, now can be done easily at homes thanks to technology as it has introduced heart rate display machines, sugar calculating machines, weighing machines etc.

To recapitulate, technology plays a very vital and prominent role in our day to day life. Technology is undeniably the blood vessels to our future. As mentioned technology plays a very significant role in progress and development.

The change and transition has been like an irreplaceable gift, as Bill Gates quoted, "the advance of technology is based on making it fit in so that you don't even notice it, so that it is a part of your everyday life."

Tanvi Indoria
Grade 8A

A decade ago Technology was not bought on a major scale; neither it was evolved much, the only technology available was mobile phones, laptops and computer. But now it is one of the most important sources. By the help of technology, we can do most of the things sitting at home.

Booking tickets, watch movies, buy goods and even shop for clothes. These days schools have bought e-book for the students so that they do not have to carry much books and, make their bag heavier.

Machines are a great source of technology, because of machine companies are able to manufacture goods in large amount. Technology helps us save both energy and time.

These days we don't need to refer books as we have everything available on computers and mobiles. It has made our lives simpler and easier and shows a direct path to future. Years by years scientists have been working on evolving and modifying the technology. One of the scientist said that "one day world would become so evolved that everything would be done on one hand click".

Harsha Shetty
Grade8A

Twinkling Technology

Over the years technology has evolved a lot. We've gone from having a 5 MB hard-disk that took up the space of one whole room to having a 16334 MB memory card the size of our toenail. Technology has come a far way.

The launch of the most iconic smartphone ever took place about 12 years ago in 2007. The iPhone 3G. It had entry-level features by today's standards and can't even compete against the iPhone XS MAX – Apple's latest flagship smartphone.

The iPhone 3G had a processor with about half a million transistors, the iPhone XS MAX boasts over a billion of them making it the fastest phone processor ever. It is even more powerful than some of Apple's notebooks! Apple is a very good example of how technology has evolved, other than the outrageous prices.

The laptop computer, too, has completely changed, today they are

about 3 centimeters thick, when just over two decades ago, the thinnest was 3 inches.

All this evolution happened because of the so-called 'Digital Revolution'. The processors have become faster, the storage units thinner & the bodies stronger.

The storage units have evolved due to the introduction of solid state memory, which, instead of using a rotating disk, uses current to read the data. The processors are now using more pins to communicate with the other parts and, due to alloys getting cheaper, computers now have a stronger construction.

Technology hasn't always been as twinkling and shiny as it is now. It was never this fast, premium, powerful or sparkling, it's been through a lot of changes and is now a lot better than it was 10 or even 5 years ago.

Adnan Khatib
Grade 10A

We have always used technology to cast all our problems and difficulties-nullifying them into nothingness. But, has it ever struck us that what exactly technology is? That we are so dependent on- precisely, technology is 'the science of craft' or a longer explanation would be that it is a collection of techniques, skills, methods and processes used in the production of goods and services or in the accomplishment of objectives such as scientific investigation.

basing our lives on it. But even though, we have fabricated something so impressive that it will never cease to be eternal. Technology has changed our world, however, changing the world was never meant to be a task for one person or one type of mind. We were born differently for a reason as the various creative minds dreamed up new possibilities, new futures and new technologies, which were eventually converted into realities. It was the time when each side came to value like a coin's as human intelligence and



Technology as it seems is one of the most fortified revolution the earth has ever withstood. In fact it is still growing like our very universe.

However, now a days, we have started to get ambivalent thoughts about the benefits of technology and its aftermath as we are getting too dependent and

artificial intelligence is not a race with one track and a gold medal.

It is as varied as a natural meadow, it is closer to the notion of an ecosystem where all thrive because they support one another.

Anurag Konar
Grade 10A

Technology these days has become super innovative and impacted our country immensely. Being a part of this generation who has redefined the meaning of technology for all of us is such a proud feeling.

The reason our lives have become so easy and comfortable in this day and age is because of the mind blowing technological inventions that come across us. The common example of this

a particular direction. They had to use a maps which is not that handy, but now you just have to know the address and the rest is done by the GPS.

Technology has its disadvantages but it is more of a boon than a bane if used appropriately. They connect people who live far away from each other, also with the help of Google now we have a new way to get educated. It has been a great help all this time.

One of its disadvantage is that, since



is a mobile phone, they weren't as 'smart' as they are now.

Today, firstly we have a lot of options now, each one of these devices are than the others. Now you have a diverse range of advanced technological devices which you can choose from. Features like the GPS did not exist a decade ago, in order for people to navigate themselves in

it's a machine if not updated regularly it can stop working as efficiently. It also does harm you if you use it excessively. I personally feel that parallels can be drawn between technology and life. In life, till the time you are 'charged up' to live you do your best, but once you lose the zest of doing something, you feel helpless.

Maithili Bachani
Grade 9B

Success Spectrum

'Success' is an overrated word. Today one thinks one can achieve one's goals only if one is rich or capable of earning it. What they forget is dreams don't come according to your status or standards, they come to make your life worth living, to add adventures and help

you experience and discover unique things while walking on the path of achieving it. Success can be achieved by



anyone if they really work for it. As said, 'hard work is the key to success'.

Success Spectrum helps you plan your journey towards your destination. All you have to do is chalk out a plan and adhere to it. First, you have to dream it; everything begins in the heart and mind. Next, you should believe in your dreams and have faith in achieving it. Now, you need to set your goals by breaking down your dream to small achievable targets; and make a staircase towards success. After planning you need to set a deadline so

that you can achieve each target within a set time limit and encourage yourself to move forward. You need to keep going, motivating yourself and never give up. Now that I have told you about planning an achievement, let me mention one of my old memories

regarding this. I was once one of the unfit girl's in my class. Even though I liked playing sports I never could after hearing the

horrifying comments I received from my classmates. This made me chalk out a revenge and because success is the best revenge, I worked out, exercised daily, planned a diet chart but never gave up. I had improved gradually and now I am glad to be the fit and sporty girl. This portrays hard work leads to success. Never forget giving up is not a necessity just a choice and try to avoid picking up that option during your ride on the path of your success.

Tamanna Jain
Grade 9A

Becoming Mr. Successful

What is success? Success is what is derived from a teaspoon of Hard Work, a tablespoon of Dedication, and a pinch of Perseverance, and once an individual has done all of this, he can be deemed worthy to be put on the success spectrum.

Success spectrum is an imaginary show on always wishes to be featured on. We have many great examples of people on this “scale” - Bill gates, Jeff Bezos, and many more people, but had we heard about them before they came in the “elite” category? Never, and this



was due to the fact that they worked hard in silence, that their success made the noise.

If you were to ask any successful person how he got to where he is, he will

always deny that he is successful and tell you that the road to success is always under construction. We must be aware of the fact that the only place success comes before work is in the dictionary, and the best way lay a firm foundation for success is by using the bricks which are thrown at you by others.

If someone follows all these principles, they can be categorized in the “successful” group, but they should always remember that success is a journey not a destination.

Aditya Makkar
Grade- X



BEYOND THE HORIZON

Beyond the horizon, a serene phrase that is currently making me think of a bright blue layer of light around our planet, Earth. May be after reading the title of this article you imagined the same picture as I did, clicked from the satellites that revolve around the globe. Yet another important inference from it may change our lives; if not much, then may be slightly.

Today, we know that we are not the only planet. We know that there is a lot more beyond our horizon. Today, we know who we are and how our life is led

nearer to the dark blanket lit by stars, then today, we wouldn't have had telescopes, satellites, rockets, spaceships or even astronauts. The inventors are now considered great people, because they tried, going beyond the horizon.

For them, horizon was the cover, beyond which laid new chapters of a mysterious book, titled The Universe. They turned pages of the book and learned about the realities and possibilities. Honestly, we are the ones who can have the courage to turn pages of a book of our own life, without



by the 'small' solar system that lies in our prodigious universe that is yet not absolutely uncovered.

If the people wouldn't have looked up to the sky and wondered about getting

knowing what is going to happen next in the story of life... the next page might end up being the next chapter, the time of a new, euphoric or challenging phase of our life.

In today's brains and hearts, the blue horizon is our limit to our thinking. Giving a halt to our brain cells from making new connections and expanding our thinking power wouldn't let us discover what is beyond the horizon. Not just from exploring the universe, but from knowing for what purpose we exist on this beautiful planet. Each one of us are here for a purpose – not only to be great to make marvellous Machineries, but to be great for the people who are in trouble and

Kanika Bhardwaj
Grade 9B

Visualisation of a better future should top off the summit of every adolescent's dream. After all, to preserve and one day accomplish our true goals ignites a passionate fire in all our souls. For me, personally, my first and foremost goal in the not so distant future may echo every other kid's dream as well, and that is to graduate and become an honourable alumnus, from a well-respected institute. Moving forward, I also view myself on a continuous path towards living a life of passion. Whether we become the CEO of a flagship company, or simply remain as a regular intern, one must make sure that the

who mean to us beyond the horizon, our parents.....

There is a lot more beyond the horizon, a lot more than our 5% brain that we use and a more than our universe.



flame of passion is never extinguished from our souls, because I truly believe, that a passionate lifestyle leads to a healthy lifestyle.

For my next step, I have decided to make sure my body is always involved in a certain sport. Not only will these have a positive effect on my health, but it would divide my attention into equally productive activities. We must always know, that belief in your true potential will carry you to heights unknown! One of my final goals, is also to aid charities which recognize and help innocent men, jailed for crimes they haven't committed. Always remember that we all have a true calling which we must always answer to, and work towards!

Ark Rai
AS level



10 YEARS..

A warmer, pleasing sunlight woke me up to a ruined bed covered in miniscule sized shirts with patches of mud and grass bejeweling it from the last night's football game. A swarm of wood peckers began rotting the edge of my bed as I cautiously caressed it, watching in awe the splashes of cherry red and orange on the canvas-like sky right outside. All was in perfect harmony. Everything seemed proportionate and balanced.

Alas! I can only reminiscence this visual in my mind and a lot more that has slowly tarnished away in the last ten years.

Not only was nature brimming with beauty, my life was better when speckled with innocence and adorned with smiles. I was carefree. It was blissful to gather my friends in the garden and play day in and day out against the comforting sunlight that shone happiness in our lives too. The then nurturing light of course now appears scathing and scorching and

feels exactly like being pricked by a million thorns at once.

I spent a childhood without mobile phones, and I honestly miss my addiction-immune life. Phones have me feel claustrophobic in my own realm – being crammed by notorious notifications and its clutching wrath of addiction.

“What has life boiled down to?” I question myself as I look back ten years from now.

As I think about these past ten years, I can't help but shed a few tears out of plain sympathy, because of the way that my life has changed so dramatically. Toxicity – both literal and metaphoric – have taken over my innocence, and joy has been sucked out of my life.

If only I could revive those ten tantalizing years, those days when I would wake up to a ruined bed covered in miniscule sized shirts with patches of mud and grass bejeweling it.

Srikrish Santhosh
Grade 9A

The past ten years of my life have been like a painting, each year bringing in something new; new friends, new teachers, new experiences. All these elements adding their own special and salient design to the canvas of my life.

The bright background of the lessons I have learnt; the backbone of my personality that fuel the choices I make. The bold abstract designs of my actions; the most visible expression of my identity- loud and wrought with character. The thick strokes of my mistakes that, though fade into the background; are crucial to the formation of the big picture. The colorful enamel highlights that are the various diverse people that I interact with; creating their own unique impression on me.

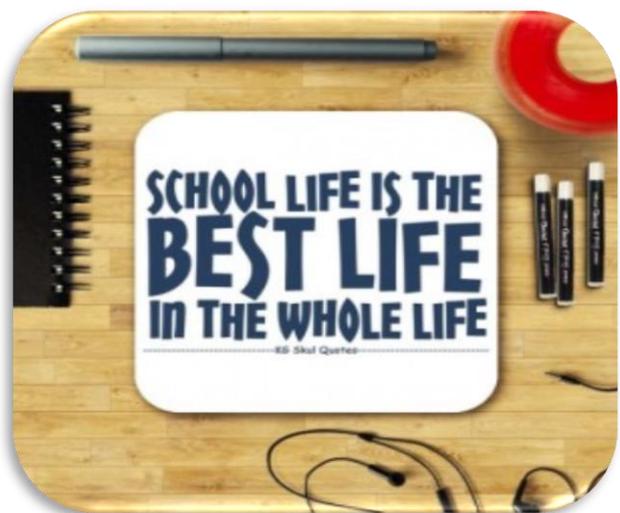
As I jog the memory lane, I see the kaleidoscope of life unfold its myriad colors, some soft some loud, some gentle some jarring, some light some bright working together to create those colorful collage of reminisces that are etched in memory to be cherished for life.

It seems like a song that ended soon, like a motion picture that finished early, like a science experiment that came to a close abruptly. 10 years, perhaps the best in one's life has gone by in what

seems to be in a jiffy but leaving behind a plethora of possibilities, a range of opportunities, an array of openings to give the finishing touches....

Divya John
A level

Some of my classmates have seen this school build brick by brick. This school has completed ten glorious years which I am proud and honoured to be a part of. Though it has been just 2 years with this school for me. The school has still given me a lot of valuable things and a strong bond of friendship.



The fond memories of the past will always remain embedded in my mind. 10 years is a long journey. It had its amusing and thrilling twists and it has its tedious and exhausting turns. Teachers and students here together have learnt to thrive. The inquisitive minds of the students gets space here

to explore .The supportive cheers of our teachers helps us get back up when we fall. Ten years have passed and the strong bond between the students and teachers has remained unbreakable. Ten years at Podar International school have been years of hard work, dedication, achievement and excellence. Here at school we get to learn about different cultures and acceptance. We have students from around the world who educate us about the diverse and unique places outside of school. We get to try different and scrumptious meals from our foreign friends. Here at school we are all different but still the same and equal. We celebrate our differences.

This journey, this feeling has been magical and for the years to come students will get to be a part of it. Each morning there will be students with smiling drowsy faces. Truly speaking, these ten years have blown past like a gentle breeze whose touch will cling to our memories like a second skin. Ten years have gone away and another ten years await. We celebrate these precious years with joy and thrilling excitement for the years yet to come. These first ten years will always be the most special ones.

Gayatri Sharma
Grade 10

Ten years, briefest of explanations for the profound actions of a great personality to erect an empire as great as Podar. Ten years ago, this school was merely an aspiration and ten years from then, it is an education hub. Ten years back, we were limited to judge our actions, but ten years from now, our actions will be judged by others.



Over this course of a decade , of a series of events can happen and they have the potential to change us and can aid us to be a better version of ourselves but it's us who must choose the right ladder to climb .

We slog now, so that we live a better live for the next 60 years. We could pursue our passions and turn them into flesh, only if our determination was concrete enough as our will. However the highly confidential ingredient to the recipe of life is time. The longer the time for which we keep on failing the more

immune we would become to the bitter taste of life. This would be an indicative of how close we are to our goals and aspirations.

Imagine the essence of these ten years sprinkled over wet grass, over which we must march and the skin of our feet absorbing every drop of it. This could be a determinant of success or failure, as the longer for which we are able to keep ourselves robust and consistent, the greater the distance we are prone to cover in our lives.

After all, it does not matter how fast you go, it is always about overcoming the distance.

Paarth Sood
Grade 10

It has been over a decade...a decade full of memories, happy and sad, and a decade where many became friends and a few special ones became family.

Ten years ago, Podar International School (Cambridge) started with its first batch of students, I was one of them, one of the lucky students who got the opportunity to experience this wonderful journey up till here.

I still remember meeting new friends, running through the lively corridors early in the morning and chatting away gleefully in my 2nd grade classroom.

Over the years, many left and many came. Our uniforms changed from green, yellow, orange and white to red and grey. Not only did our school increase infrastructurally, but our Podar family also expanded and bonds tightened.



Being one of the root batches of this prestigious school, I have seen all the ups and downs here. The teachers here have become my second mothers, looking out for me and helping me find the right path whenever I felt lost. Today, with a nostalgic feeling in my heart and tears of happiness in my eyes,

I thank this school to give me such great memories, friends and feelings that I will carry along with me as I will step into the future.

Nandini Sharma
AS Level

Reminiscence

It's three in the afternoon. I just reached home after a wild school bus ride, where people were throwing paper airplanes across the aisle, two teenagers were throwing water on innocent pedestrians while the topper of the class sat right in front on the first seat, racing against time to finish his math homework before the bus reached his stop. I changed into my comfortable shorts and t-shirt, washed my hands and face and rushed to the dining table as mom served the delicious fish curry that I had been dreaming about since the boring geography class after the lunch break. My schedule for the day was absolutely jam-packed. I was so busy that I couldn't accommodate our inter-society cricket match in my hectic day. I had to take a nap till 4:30 to relax after a busy school day and then it was time for my favourite, cartoon network! My friends kept calling me on the society intercom, trying to persuade me to play the match. Now how do I explain to them that Ash had just put Pikachu in a life-threatening battle, and I couldn't miss such an exciting episode for the sake of some stupid cricket match!

I miss those days when I think about them today. I miss worrying about my best friend getting a much stronger Beyblade instead of why the girl I crush on, isn't replying to my texts on Instagram. I remember how we used to race back from the washroom so that we don't even miss a single second of the science lecture, whereas now, we have heated discussions on figuring out new ways to bunk the chemistry lecture. Sit back and reminisce on the last ten years of your life. It's not like our life was easier or we did not have problems; the problems just changed, and their consequences became just a tad bit more serious with time. Our life is still the same and the only things that seemed to have changed are the people around us and our mindset.

Ritadeep Ghosh
A level

Change – for a few of us this little word has a lot of impact on our lives. Every little change has a lot undoubtedly left some of it's spark, some of it's essence and some of it's reminiscence in my life. When I think about memories, joyous glimpses of my rollercoaster like life pop

in my head. I can feel the chill in my body as I shut my eyelids to recollect our trip to Scotland. The strong aroma of fresh asian beans of coffee strikes my nose, and I feel it tingle for a few seconds.

The old school days are actually what memories mean to me. Everyday as I used to slide into the glossy red shirt and the jean skirt, excitement to see my imbecile yet affectionate friends used to

also frequently spot chatty boys discussing about video games. That was school for me.

Sometimes as the calm and pleasing silence pierces through the breeze I still get a feeling as though a strict teacher commanded all the mischievous ones for pin drop silence.

The faint chirpings of the birds remind me of the bird nest right outside the window of my class that I would stare at



rush around my whole body like a storm. We all kids always played two roles during our school lives, first – a super studious nerd usually during the lectures, and second an uncontrollable and hyperactive kid during lunch breaks. A few were torn, twisted and shaped like rockets to have a paper rocket war. The foils in our tiffins were scrunched up to balls we used to play with. The girls gossip gangs were spread all over the school, as I would

for hours and wonder how beautiful life is. Memories can be minute or humongous, but every memory becomes a part of you, a part of who you are right now, a part of who you were 10 years back. Whether it is how grumpy your grandpa is or how quirky your daughter is, everything captures beautifully in our minds. Reminiscence adds colours to our lives.

AsrithaChavali
A level

Life has grown faster, every next step into the future seems to be an amalgamation of numerous anonymous and challenging task. Time has become the money that even millionaires are short of. Having a whale of time with family and friends have become a to-do list of many.

All the things that I thought of back in my childhood about my teenage is what just the opposite I'm in. The technology and a competitive over-saturated world has led to nothing but a life full of constant adrenaline rush.

Every single prediction I had had were just a dream that never came true. Life back in childhood is the life that every adult or teenager desires or moreover adores. Fearlessly enjoying life to the fullest, non-chalant and unaware about what is to come next, we rose up. All that we did back in our childhood was we lived our life. Certainly what we have forgotten to do after growing up. Ten years back, is the only thing now I crave for.

Sanskar Shukla
A level



Then and now,



and



Over time, the word 'apple' has had many different meanings to me. Over ten years ago, the first apple that I learnt of (if my memory serves right), was in kindergarten. That scrumptious apple, which, if eaten every day, 'keeps the doctor away.'

For the next five years, the fruit was the first thing that came to my mind when I heard the word 'apple'...until I had begun to learn the secrets of the universe. Well, not exactly, but that is the textbook definition of, 'Physics'.

The apple remained the same, but it had come to serve another purpose; A question, "Why do apples fall from trees?" That was when I was introduced to Sir Isaac Newton and his concept of gravity.

Not soon after, the apple returned, again as a victual, this time, in Biology class. I learnt that apples are crucial for a balanced diet, being a rich source of fibre, vitamin A and caffeine. I also found that there was a human body part

apples even related to satellites? If so, how are satellites related to apples and vice versa?". To the former, yes! To the latter, there once was a satellite called A.P.P.L.E., The Ariane Passenger Payload Experiment launched by the Indian Space Research Organisation (ISRO); used for a myriad of communication experiments, such as television broadcasting.

Last year, there was a giant frenzy in my class. This was for the twelfth generation of iPhone. This led me to another Apple, Apple Inc., the company that made the iPhone.

Over years, apple has moved from a delicious fruit to an object of science, now to a passion. Adam's apple, Custard apple, Pineapple, apples have been suffixed a lot.

I guess I am also an apple, the apple of my parents' eye! I finally realised that there is more to an apple: It's seldom a forbidden fruit.

Ananthajit Srikanth
Grade 10

Dawning Gleams



In its best sense, a gleam is merely a ray of sunshine. Just an endless entity with a prominent source. A source that beckons significance - nothing less, nothing more. At least, that's what a ray is. But the way in which you portray it, is entirely subject to your mindset, your imagination. Better said, your creativity. How does your ray of sunshine look like? Is it a translucent beam of yellow, or something more than meets the eye? To be fair, this perspective for your ray of sunshine is influenced by infinite factors and conditions and what-not. Science and statistical probability say so. However, we're not here to conduct a census of the extent to which they affect your perspective. My belief: it all comes down to your wisdom, irrespective of how that cheeky old saying goes.

Your gleam can hold power, believe it or not. It can make you fly, break barriers, build them, and thus, make you the superhero of your story. Keep in mind, that every yin has a yang, every coin has two sides, and every

superhero has a super villain. Your gleam holds enough power to "turn you to the dark side." Just without a red lightsabre and all (best leave that story in a galaxy far, far away). This gleam, or this ray of sunshine, bears an intangible gift. The gleam that dawned on me, one special day, was love.

Stop giggling. There's no reason for me to be ashamed of for expressing my power, especially when I came to learn of it through a science fiction movie. That's for another magazine article though. Love is the raw material of a connection that can bend the fabrication of time and space. There's a reason why we remember the deeds of great minds like M.K. Gandhi, Mandela and other civil rights activists. With every new horizon, this emotion we all feel for our closest souls persists and grows stronger. The day when the horizon begins to fade away and the sun kicks the bucket, these dawning gleams shall succumb to inexistence. But this story isn't mine; the real question is, again, how does your gleam of sunshine look like?

Ishan Bhowmik
AS level



World Cancer Day is an international day marked on February 4, to raise awareness of cancer and to encourage its prevention, detection, and treatment.

BUT, WHY 4TH FEBRUARY?

It isn't a random date that is taken, if you look back in history-this was the day when most cancer patients were treated.

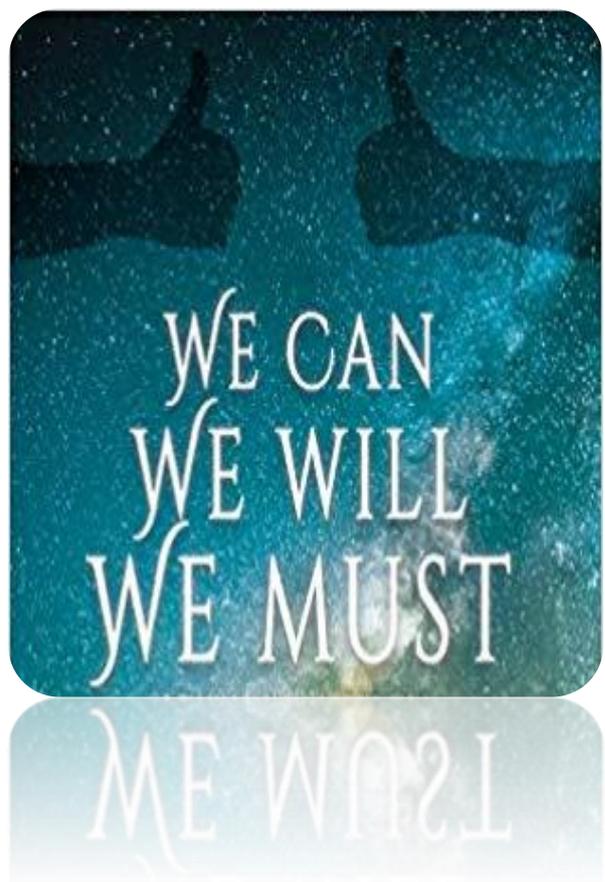
Cis platins [tiny drug molecule used to treat cancer cells] are transported all over the world on this day with label – Cancer Serves Inspiration!

World cancer day supports and motivates people who have cancer and encourage them to share their stories and experiences about how they have faced it.

Seventeen people die every minute from cancer but now under the premises of the better technology, it is proved that 1/3 of them can actually be saved.

Joy and Ideas are spread out on this day and so is knowledge. Gratitude and inspiration flows in veins and cancer is flushed all the back from baldness to boldness.

SO LET US TAKE THE OATH -



**Disha Nischal
Grade 6B**

World Cancer Day, more commonly known as WCD, is celebrated on 4th February to raise awareness of cancer and encourage its prevention, detection and treatment. It empowers us to show support, raise our voices, take personal action and press our government to do

the goals of Cancer Declaration. Its primary goal is to significantly reduce illness and death caused by cancer. This day is also celebrated to remove all social myths related to cancer. Every three years, we have a new campaign theme for WCD. 2019 will be the start of a new campaign theme,



more for those suffering from cancer. On this day, the world unites to make cancer a global health priority. Hundreds of events take place worldwide. One of them is #NoHairSelfie, where people shave their heads and post images on media as a symbol of courage for those undergoing cancer treatments. WCD was founded by the Union for International Cancer Control to support

which is "I am and I will"; meaning that whoever you are, you can reduce the impact of cancer for everyone and it's time to make a personal commitment and live with a hope.

So, go ahead and raise your voice. Say, "I am someone who can make a change and I will make a change!"

Manasvi Guha
Grade 6A

Choose *A* to Cancer

The Right Answer

Cancer is one of the world's leading killers. 8 million victims have died last year; it will rise to 13.2 million by 2030. So it's no shock if I was also a victim of cancer. To look back and roar at cancer we need funding for prevention, detection and treatment. Unless urgent action is taken to raise awareness and develop practical sessions to address the disease, millions will continue to die. I would seek for treatments for cancer and have changes in my lifestyle which matches my treatment.

I would have regular checkups as its better to be identified in stage 1 or stage 2, whereas in stage 3 it starts growing in other parts of body, in stage 4 it is unstoppable and many signs and symptoms are seen. Unfortunately,

only 15 percent of cancers are diagnosed at this early stage. Adding fuel to fire, the chances of cancer are maximum at low-income and developing countries, as the awareness of cancer is the least at these countries. World Cancer Day is the one singular initiative under which the entire world unites for a single cause 'Cancer'.

The only aim is to save millions by awareness and education about cancer. World Cancer day is marked on February 4 by UICC (Union for International Cancer Control) to achieve these aims. World Cancer Day is the perfect opportunity to spread the word and give awareness about CANCER.

Shrikanth Pillai
Grade 8A



Cancer is not a death sentence but it is a life sentence; it pushes one to live. Cancer is one of the most common illness spreading around the world currently. 4th February is celebrated as World Cancer Day and it is an awareness program that has been creating aids to reduce the stigma of cancer through education on symptoms and treatments. What is cancer? Cancer is a disease in which abnormal cells divide uncontrollably and destroy body tissues. It leads to improper functioning of the cell causing damage. There are various factors that can risk in causing cancer; for instance, an unhealthy lifestyle, imbalanced diet, genetics, obesity, exposure to harmful substances etc.

Cancer is a spine chilling term by itself. The only way to resolve this is by fighting against it and not being agitated or intimidated by it. The supporters who are keen to spread awareness are certain that greater knowledge will

result in earlier detection of cancer, which is related to long-term survival rates and the contributed money for cancer can help eradicate this disease completely. Moreover, many awareness camps and organizations devote a lot of time and work to completely extirpate this illness such as National Breast Cancer Awareness Month, which aims to spread awareness about how crucial and vital it is to detect breast cancer quickly and early before it goes too far.

When it comes to cancer it is all about focusing on the fight and not the fright, hence educating everyone about this illness can succumb us to efface cancer as a survivor quoted, "If children have the ability to ignore all odds and percentages then maybe we can learn from them. When you think about it what other choice is there but hope? We have two options medically and emotionally give up or? Fight like hell.

Tanvi Indoria
Grade 8A

Life Altering, Not Defining

The only word which the society is scared of is CANCER, but in fact it is just a word. The simple definition of cancer is 'a disease caused by uncontrolled division of cells' but nowhere in the dictionary or Google the reason of death is mentioned. There are over 100 types of cancer that affects humans. This fourth day of February a quote about cancer was raised by cancer patients, "cancer isn't bringing me to my knees, but it is bringing me to my feet."

Why is World Cancer Day celebrated then? World cancer day is celebrated to make aware the normal people about the risk factors and preventive measures of cancer to get prevented or its early detection. The day is celebrated as well to remove such type of the social myths related to the cancer.

When a person is diagnosed with cancer, one can just imagine the trauma the person as well as his family and friends experience. Cancer is such a frightening and emotional roller coaster. It is a ride which the loved ones want to get off. The best advice is to find the 'glue' which holds them together – whether it is religion, family, friends or anything you enjoy doing or spending

time with, such as pets. Be patient and don't give up. Trust me when I say you will come out from the dark side together and find a happy ending.

Most studies on post traumatic growth in cancer patients have found a renewed appreciation of life to be one of the most common silver linings. It is difficult to describe this feeling to someone who has not lived with cancer. It is what we see in the unhindered joy of a two-year-old seeing a new bird, or the ocean, or even a ladybug for the first time.

But many of us see a little less clearly because some of our focus is directed towards the past or directed towards the future. With cancer, people can often live more easily in the moment. There is the unspoken thought that this moment may be all we have. With the disease spreading like wildfire with millions of people being affected by it each year, it is imperative for you to learn how to prevent it and ensure that you do not ignore any of the symptoms if they happen to crop up. Be aware, be safe!

Khushi Dharamsi
Grade 8A

You, The Chaser or The Chased?

Known to everyone from the South to North and from East to West there's this word "cancer". Also, to be defined as a deadly disease or to the more educated ones a disease in which cells divide uncontrollably. More importantly this sickness is known to be found in 3 of every 5 people.

The causes could be many but the treatments are not in quite a variety as most commonly practiced is chemotherapy and a few others. Keeping in mind not to use the term "cure" as still not all cancers can be completely eradicated, there is always a possibility of them reverting back again.

One could undergo treatments of cancer but a few factors play a very important role in recovering such as the type of cancer, the stage at which it known, age, and many others. Despite the fact of the above-mentioned factors a very crucial factor is ones will power. Research has proven that 90% of the survivors are those who had the wish to

live and cherish. This goes to show how pivotal is ones will power. Therefore one wise man has said 'A man might do a thousand bad deeds but his one good deed is enough to make him heavenly'.

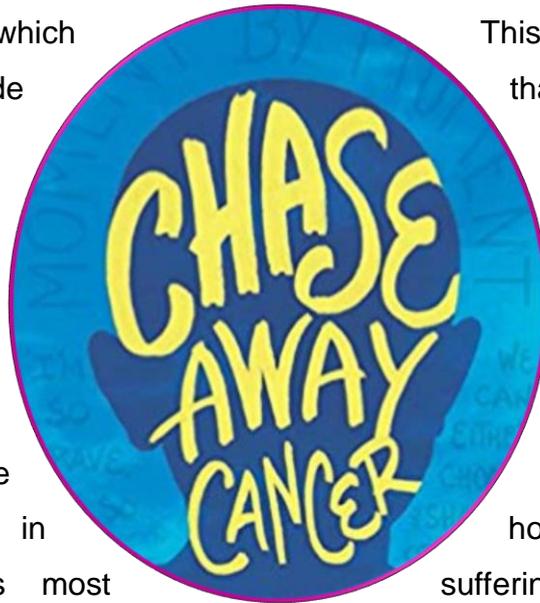
This quote goes on to explain that however unlikely the challenge is to be if you have the vision you stand undefeatable.

It is quite easy to advice people who are actually battling cancer but we tend to forget how they are feeling

suffering from the illness. If for a moment we were in their shoes what be our mental health and opinion? If it were for me, I would nevertheless have feelings of giving up on life until I was to think of my family and dear ones and as they encouraged me. I would certainly change my mind and think of living as a happy family again.

Finally, as we all know "if there is a will there is a way" and we have proved that this just doesn't apply to general difficulties but even in life and death situations.

**Ali Fazal
Grade 8A**



Can children fight cancer?

Nothing is impossible. Everyone uses this phrase very frequently. But how many of us got motivated and achieved something which seemed impossible, very few. Someone once told me that, “if you want to shine like the Sun, first you have to burn like the Sun.” many children dream to shine like the sun but they give up at the first step. Every year 4th of February is celebrated as the world cancer day.

Every problem has a solution. Then why do people think that treatment of cancer is not possible. Cancer is just the abnormal growth of your cells with the potential to spread around your body. Sometimes the solution of the hardest problem is the easiest. 80% of the cancers can be prevented by not smoking, maintaining a healthy weight, Not drinking too much of alcohol, Eating plenty of vegetables, fruits and whole grains, Getting vaccinated against certain infectious diseases, Not eating processed and red meat and avoiding too much of sunlight exposure.



Cancer can be defeated by willpower and proper medication. There are many stories of cancers survivors like Yuvraj Singh and Lance Armstrong who have defeated this life threatening disease by their willpower and now they live a healthy and happy life without any problems. Due to the new experiments in medical science the treatment of cancer is eased.

If I had cancer then of course I would be a little scared but I would fight it

and would try to defeat it. According to me if I had cancer then my situation would be just like a competition. In which my job would be to perform and the results would be decided by the judge. Likewise my job would be to fight for my life and the results will be decided by the judge of life, 'God'.

Cancer is not incurable anymore. My friends as you all now, where there is a will there is a way, nobody can stop you. Also “Cancer is only going to be a chapter in your life not the whole story.” So come children challenge cancer and defeat it.

Neil Mishra
Grade 8A

France at a glance

Mon expérience au collège de première année

Un jour avant le début du collège, j'étais nerveux et tendu à cause des gens du collège et de l'enseignant. Il était 12 heures du soir. Je ne pouvais pas

entré dans la classe, toute la vague a commencé à me regarder, ce qui m'a rendu mal à l'aise. Mes rythmes allaient se terminer plus tôt. Alors j'ai appelé et après mes histoires, je sortais avec



dormir parce que je pensais seulement au collège que ma mère m'a contacté deux fois pour que je me sente mieux à propos du collège. J'avais choisi seulement deux sujets parce que j'étais bon en eux et je voulais aussi avoir un médecin. Je me suis réveillé du lit, j'ai pris un bain et me suis immédiatement préparé à aller à l'école. Quand je suis

mes classes pour en apprendre plus à leur sujet. Enfin, la journée s'est terminée, je me suis amusée et j'ai également créé de nouvelles relations et le professeur était tellement cool et original.

Chihak Anawadia
Grade 9A

Mon voyage jusqu'à maintenant

J'ai commencé étudier en école Internationale Podar quand J'ai six ans, c'était la première année de l'école, J'étais timide et Je n'étais pas confortable avec parler ou faire nouveaux amis, mais il y avait de nouvelles de choses Je n'avais pas

perdu des amitiés alors j'étais seul mais en ma sixième année, J'ai fait l'expérience des potins et le noms mauvais, mais J'ai commencé adorer le français et écrire des histoires, je peux dire la sixième année est meilleure que la cinquième année, Je suis en



dans mon vieux école. Quand j'étais à la maternelle, J'ai detesté dessiner, mais en ma deuxième année, J'étais intéressé au dessin bientôt, mes camarades de classe voulaient moi dessiner pour eux, en ma troisième année et quatrième année, rien ne s'est passé cette je me rappelle, mais en cinquième année était l'année, J'ai

septième année et il y avait du drame, Je me suis fait trois bon amis! Je vais en huitième année dans quelques mois, J'espère faire plus d'amis et je veux m'améliorer mon dessin, Je vais étudier le français plus je vais améliorer en les matières Je ne suis pas bon à!

Erica Ann D'Sylva
Grade 7A

Mon Rêve

Bonjour! Je m'appelle Ahana et aujourd'hui je voudrai parler tout sur mon rêve! Tous les gens dans le monde ont un rêve, quelques gens rêvent grand, pour exemple on peut rêver de devenir le prochain millionnaire, tandis que certaines gens rêvent petit comme avoir une famille joyeuse.

Néanmoins pas tous les rêves viennent vrai comme un conte de fées. On doit travailler dur alors que on peut réaliser leur rêve.

Quand j'étais jeune, ma famille et moi, nous avons déménagé à l'étranger dans le pays d'Afrique du Sud et donc nous avons fait beaucoup de voyages d'Inde à l'Afrique du Sud et à l'arrière. C'était le temps quand je comprenais mon désir de voyager. Et en ce moment, c'est mon rêve de voyager le monde entier. J'adore voyager et c'est parce que j'aime beaucoup l'ambiance d'un aéroport, et en plus j'aime l'atmosphère d'un vol. Je trouve le tâche de ranger ma valise vraiment intéressant. Quand jamais je pars pour

un voyage, je me sens que je pars pour une nouvelle aventure, pourtant mon désir de voyager ne s'arrête pas ici.....La raison pourquoi je voudrai voyager le monde entier, c'est car je

veux faire l'expérience de nouvelles cultures et traditions et de plus je souhaite de rencontrer les gens du monde alors que je peux faire les amis et donc comprendre leur mode de vie et finalement

apprendre les langues vivants. Depuis mon enfance, j'avais un rêve, un rêve de visiter les sept merveilles de monde et maintenant, je sais que je dois travailler dur pour réaliser mon rêve. À l'avenir, je vais travailler vraiment dur alors que je vais gagner l'argent pour voyager le monde.

Pour conclure, je souhaite que je peux réussir mon rêve et tous les gens, qui ont un rêve sont capables de la réaliser. Je voudrai encourager les autres gens de travailler dur pour gagner leur rêve car le temps ne revient pas et la vie, c'est un seul, alors profitez de votre vie avant ce devient trop tard.

Ahana Sinha
Grade 10A



Mon rêve

Au début, je ne pouvais rien voir. Il y eut seulement l'obscurité et soudainement, je pouvais voir de la lumière. Cela du soleil. En voyant tout qui était autour de moi, j'ai réalisé que j'étais à la plage, et ce fut celui d'Hawaï. C'est comment j'ai su? J'ai pu voir la statue doré du roi Kamehameha et j'eus senti l'odeur des fleurs d'Hawaï.

Je voyais l'eau et j'ai voulu nager ou faire quelque sport dans cela. Donc, j'ai trouvé une voile et j'ai fait du planche à voile. L'eau

était si froid et calme, comme une rêve. Si faire de la planche à voile était un travail! C'irait être super! Quand je suis revenu à la plage, il y avait un chien. Il avait du fourrure qui fut un brun parfait, avec un peu d'or. Il m'a dit <<Est-ce que vous pouvez jouer avec moi? S'il te plaît, Monsieur?>> Je ne pouvais jamais croire qu'un chien pouvait, et avait parlé, mais j'ignorais ça. J'ai

trouvé un Frisbee et j'ai joué avec le chien, jusqu'au fois que j'aie jeté si loin que le chien n'est pas revenu.

Alors, j'ai décidé de prendre un roupillon. C'était si calme à la plage que roupiller fut si facile. Après du temps, j'ai entendu la baisse de quelque chose dans la mer, et je me suis réveillé. Il y a eu de bolides qui a baissé dedans l'eau de la mer. C'était d'un



volcan près de la plage.

Je ne sais pas pourquoi, mais je suis allé près du volcan.

Néanmoins, quelque

chose n'était pas propre. Le volcan avait l'odeur des galettes! C'était bizarre.

Soudainement, tout a clairé.

J'étais dans mon appartement, et ma mère fait des galettes à la cuisine. Ce fut un rêve! J'ai pensé de mon rêve. C'était si belle et si bizarre à la même fois. Si seulement c'a été réel!

Ananthajit Srikanth
Grade 10A

Mon experience au collège de première année

J'étais triste quand j'ai quitté mon dernier école pour joindre IGCSE. Je pensais que IGCSE est très difficile et compliqué. J'étais très nerveux et stressé. Cependant je n'ai jamais pensé que cette système est en fait intéressant.

Quand j'ai reçu les livres et les cahiers, j'étais amuse. C'était une avantage puisque les livres étaient pas lourde- la qualité étaient super. Pourtant quand les professeurs ont enseigné la classe, quelquefois je ne pourrais pas comprendre. Bien que



j'étais tellement perdu, les professeurs m'a expliqué toute la chose encore. Il y avait beaucoup de nouvelles matières

très varié. Les étudiants ont voulu m'aider, avec leur aide mes notes ont amélioré. On est devenu les meilleurs amis. Je faisais excellent dans mes examens sauf le mathématique. L'enseignant pensait que je n'ai fait rien dans sa classe, mais après j'ai parlé avec lui. Elle a compris ma situation et elle m'a aidé. À grâce de lui- j'ai fait trop de progress en Maths. Igcse était une bonne experience.

G. H. Pranav
Grade 9

Mon Experience au collège de 1er année

C'était environ il y a un et demi ans. C'était le début de la troisième classe. Au début j'étais très nerveux. J'ai pensé que IGCSE va être très difficile et ennuyeux. Heureusement, j'avais tort. Après seulement deux mois, je commençais aimer IGCSE. Ce n'était pas très facile, cependant j'aimais étudier parce que c'était très intéressante.

Pas beaucoup a changé. Bien que nos livres ont changé. Ces devenaient plus grands et peu clairs, mais c'était très rigolo pour les lire. La meilleure chose était que même si études augmentaient, le somme sports ne font pas.

Il y a un différent sorte d'examens. Il y a plus que un examen de chaque matière, et au début j'ai les trouve très

difficile est déroutant. Heureusement, il y a beaucoup de sites sur l'internet qui m'aident, par donner trop des questions et papiers pour faire. Après environ sept ou huit mois je suis devenu familier avec IGCSE est c'était pas oublier- parce que de mes professeurs incroyables. Ils ont m'aidé beaucoup. Parce que le methose d'apprendre était nouveau, c'était, vraiment, c'est

intéressante, aussi maintenant. Le seule problème et que nous obtenons beaucoup de devoirs, sauf ça, j'ai un problème avec rien autre. Ç'a été une expérience génial jusqu'à maintenant. J'espère que ça va être juste comme bonne, si pas mieux, comme l'année dernière.

Sahil Bhujbal
Grade 9

Mon Experience au collège de 1er année

J'ai décidé d'étudier en IGCSE pour réussir mon bac en les langues, mais j'ai regretté toute de suite. Au début, j'étais peu nerveux tandis que plus excité, cependant, je peux dire avec confiance



maintenant que l'IGCSE est sans le riogolo et certainement sans l'intérêt. À la commence, j'ai reçu ;es grands manuels qui étaient pas utile et mauvais qualité. Bien que les science m'intéresse ici en IGCSE, pour un étudiant avec le rêve de devenir un écrivain, l'IGCSE me fâché car les langues n'ont jamais reçu l'importance. Puis, les enseignants, ça dommage! Ils sont aveugles pour vos problèmes, et

ils ne sont pas disponible pour ces matières compliqué.

Avec les matières monotone et les expériences ennuyeux, je pense que

l'IGCSE est un gravé accident dans ma vie scolaire.

Cependant, j'ai vu les

avantages aussi, par exemple, j'ai amélioré en les sports, surtout la basket. De plus, j'ai pu découvrir les nouvelles compétences en l'éducation qui est utile autour la monde.

À la fin, je veux annoncer que l'IGCSE est parfait pour beaucoup des étudiants mais je pense que je suis différente. Est-ce que je trouverai l'éducation parfait pour mes attentes?

Srikrish Santhosh
Grade 9

Mon Experience au collège de 1er année

Il y a une année j'ai commencé IGCSE. Quand j'ai commencé, j'ai trouvé ce très effrayant. J'avais trop de peu et j'avais très inquiet. Mais, après certains jours, je n'avais pas peur parce que j'ai aimé mes amies et mes professeurs, mais j'ai détesté mes études. Dans mon premier jour, j'étais très confus. IGCSE était très différent depuis l'année dernière et j'étais très effrayant. J'ai trouvé les sujets nouveaux très bizarres mais j'ai tenté. L'année dernière le travail était très facile alors j'ai obtenu de bonnes notes. Mais cette année, le travail était différent et il était dur alors j'avais de l'inquiétude. Après un certain temps, j'ai trouvé que mes inquiétudes étaient vraies.

Dans mon première année, tous mes notes étaient très mauvais. Je n'ai pas concentré, et mes professeurs et mes parents ont été très inquiets. J'avais aussi de l'inquiétude. J'ai trouvé les études très difficiles mais quand j'ai écouté que mes parents étaient très déçus, j'ai essayé d'être meilleure. J'ai commencé à étudier et à me concentrer. Après quoi, mes notes ont amélioré.

Maintenant. Je suis très content avec mon école, je travaille dur et j'adore ma vie. IGCSE est dur mais je pense que c'est important. Je sais que IGCSE m'aidera moi dans le futur et j'espère que je garderai mes notes bonnes.

Vayona Narekuli
Grade 9

Un Voyage

Un voyage dans différents endroits peut vous montrer de nouvelles choses et vous aider à vous faire de nouveaux amis dans le monde entier. Cela peut être passionnant et super amusant ou stressant et ennuyeux. Pour partir en voyage, il existe de nombreux modes de transport que vous pouvez utiliser comme un avion, un bus, une moto, un



bateau, un train, etc. de la vie dans le monde et peut être très utile à bien des égards. En voyageant partout dans le monde, vous pouvez également apprendre beaucoup de nouvelles langues et interagir avec différents types de personnes. Le type de personnes que vous rencontrez au cours d'un voyage peut changer votre vie pour toujours.

Mahiya Patil
Grade 7A



UN VOYAGE

Pendant ces vacances à Diwali, j'ai visité ma tante à Delhi. Moi et ma famille avons fait du tourisme tous les jours. Nous avons voyagé par Métro Delhi chaque jour. C'était une expérience nouvelle pour moi.

Toutes les stations de Métro sont très propres et bien organisées. Nous avons acheté des jetons au distributeur automatique. Après le contrôle de sécurité, nous passons aux portes. Les portes du quai ouvrent sur la numérisation de nos jetons. Les voyageurs réguliers utilisent le Smartcard, pas les jetons.

Indicateurs numériques installés en différent points ont informés l'arrivée du métro. Il y a des plateformes souterraines et aériennes. Il y a des

barricades le long de la voie ferrée, pour prévenir les accidents. Ils ouvrent seulement quand le métro arrive. Les portes du métro s'ouvrent et se ferment automatiquement pour que les passagers à monter et descendre.

Dans le métro tous les compartiments sont connectés du premier au dernier. C'est toujours cool et agréable. Des annonces sont faites concernant la prochaine station. Les fenêtres en verre ont montré nous la vue dehors. Après être descendu du métro, pour quitter le quai nous déposons nos jetons aux portes automatiques. Nous sommes amusés chaque voyage.

J'espère que le métro à Navi Mumbai commencera bientôt.

VIRAJ BARTARIA
Grade 7A





समाज के प्रति हमारा दृष्टिकोण

हम सब समाज प्रिय प्राणी हैं। मनुष्य ही क्या बल्कि जानवर भी अपने समाज को छोड़कर नहीं जाते। समाज क्या है? समाज एक से अधिक लोगों के समुदाय को कहते हैं। जिसमें सभी व्यक्ति मानवीय क्रिया कलाप करते हैं। जो मानवीय क्रिया कलाप में आचरण, सामाजिक सुरक्षा और निर्वाह आदि की क्रियाएँ सम्मिलित होती है जो अपने अंदर के लोगो के मुकाबले अन्य समूहो से काफी कम मेलजोल रखता है। किसी समाज के अंतर्गत आने वाले व्यक्ति एक दूसरे के प्रति परस्पर स्नेह तथा सहृदयता का भाव रखते हैं। दुनिया के सभी समाज अपनी अलग पहचान बनाते हुए अलग-अलग रीति रिवाजों का पालन करते हैं। ऐसे सब समाज मिलाकर जिसमें अन्य जाति प्रजाति के लोग एकत्रित होते हैं। पर यही समाज वक्त आने पर दूसरे समाज को अपने समाज में सम्मिलित नहीं होने देते। आज के जमाने में हम देखते हैं कि यही मनुष्य जो समाज के नाम से गुण गाता था उसमें भी अभी पारदर्शिता जो रहती थी वह अभी खत्म हो चुकी है। समाज के नाम पर अन्य क्रियाएँ तथा गलत कार्य ज्यादा होते हैं। और इसमें दुर्गति जो होती वह मनुष्य की ही होती है। जैसे इन



मनुष्यों को इस तरह का व्यवहार करके आनंद और प्रसन्नता की प्राप्ति होती है। परंतु यह गलती मनुष्य को अपने नीचे के स्तर पर लाकर रख देती है। यह सिर्फ एक मनुष्य का ही नुकसान नहीं करती परंतु उससे जुड़े हुए अन्य लोगो में भी दहशत पैदा कर देती है। इससे सिर्फ मानसिक हानि ही नहीं बल्कि जीवित हानि ही होती है। समाज मनुष्य जीवन में जैसे उन्नति का काम करता है। ऐसे अनेक उदाहरण हमने देखे हैं। सभी सिनेमा स्टार की जीवन प्रणाली के बारे में हम पढ़ते और देखते हैं। उनका जीवन चरित्र हमारे जीवन पर बहुत असर करता है। यह हमपर निर्भर करता है कि हम इस पर कैसे प्रतिक्रिया करें।

इसलिए बड़े बूढ़े कहते हैं कि अगर समाज में रहना है तो समाज के तौर तरीको को लेकर चलो। पर मैं कहता हूँ कि अगर जीना है तो समाज को परखो उनके विचारो को जानो और अपने निर्णय लो और समाज जो बिखरता जा रहा है उसमें हम सकारात्मक दृष्टि से परिवर्तन कैसे लाए इसके बारे में सोचे व कार्य करें। इससे समाज की उन्नति होगी।

आर्यन जाधव
छठी 'अ'

समाज के प्रति हमारा दृष्टिकोण

एक समय था जब प्रकृति ने मनुष्य को अपनी मुट्ठी में बंद कर रखा था। सभ्यता के विकास के साथ ही प्रकृति मनुष्य की दासी बन गई। अब ऊँचे-ऊँचे भवनों में रहने वाले मानव ने अपने एशो आराम के लिए अनगिनत साधन जुटा लिए हैं। क्या जल, क्या थल, क्या अंबर सभी मनुष्य के अधीन है। अब कोई ऐसा रहस्य नहीं जिसका व्यापक ज्ञान मनुष्य को न हो।



एवरेस्ट के सर्वोच्च शिखर को भी मनुष्य के समक्ष नतमस्तक होना पड़ा है। संसार में ऐसा कौन सा कार्य है जिसे साहसी पुरुष सफलता पूर्वक नहीं कर सकता। हमारे समाज में कितने ऐसे वैज्ञानिक जिन्होंने अपने परिश्रम से आविष्कार कर कठिन क्षेत्रों में सफलता पाई है।

समाज के हर नागरिक का यह कर्तव्य है कि वह अपने साहस बुद्धि व शक्ति का सही उपयोग करे और इस समाज को बहतर जगह बनाएँ।

“साहस जहाँ सिद्धि तहाँ होई।”

तनिसि
छठी 'अ'

मनुष्य एक सामाजिक प्राणी है। हम अकेले नहीं रह सकते। दुःख में हमें हमारा समाज चाहिए। जब समाज में किसी को हमारी जरूरत हो तो हमें भी उसके साथ होना चाहिए। हम सबसे समाज बनता है और आदर्श समाज वह है जिसमें सभी भाईचारे के साथ रहते हैं। धर्म जहाँ समाज हो जहाँ हर किसी की इज्जत हो वही है आदर्श।

मनस्वी गुहा
छठी 'अ'

समाज एक सम्पूर्ण शरीर है और हम सब उसके अंग अवयव हैं। जिस प्रकार शरीर का अस्तित्व अंगों के सहयोग पर निर्भर है उसी प्रकार सम्पूर्ण शरीर की सहायता से अंग और अवयव भी स्वस्थ रहते हैं। यह दोनों अन्योन्यश्रित हैं। पारस्परिक सहयोग के अभाव में इन दोनों का ही अस्तित्व शंका में पड़ जायेगा।

व्यक्ति का समाज के प्रति वही दायित्व है जो अंगों का सम्पूर्ण शरीर के प्रति। यदि शरीर के विविध अंग किसी प्रकार स्वार्थी अथवा आत्मास्तित्व तक ही सीमित हो जायें तो निश्चय ही सारे शरीर के लिए एक खतरा पैदा हो जाए। सबसे पहले भोजन मुँह में आता है। यदि मुँह स्वार्थी बन कर उस भोजन को अपने तक ही सीमित रख कर उसका स्वाद लेता रहे तो उसके इस स्वार्थ का परिणाम बड़ा भयंकर होगा। जब मुँह का चबाया हुआ भोजन पेट को न जाएगा तो कहा से उसका रस बनेगा? इस क्रिया के बन्द हो जाने पर शरीर के दूसरे अंगों और अवयवों को तत्व मिलना बन्द हो जाएगा।

लव अनावादिया
छठी 'अ'

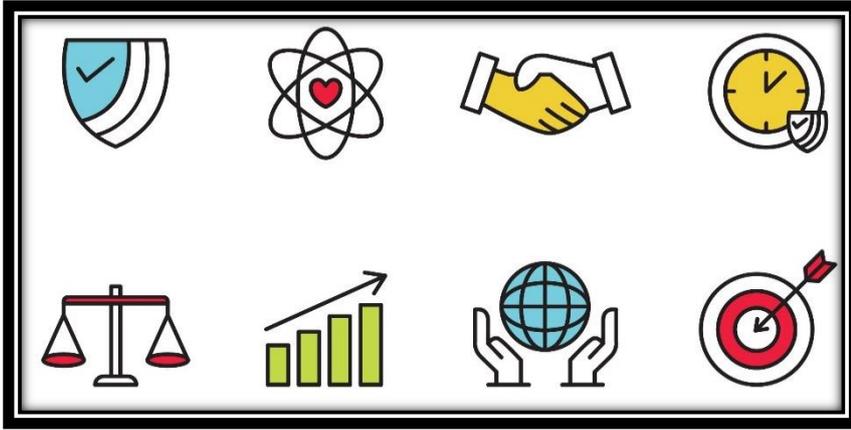
समाज के प्रति हमारा दृष्टिकोण

हमारा समाज एक सम्पूर्ण शरीर है और हम सब उसके अंग हैं। जिस प्रकार शरीर का अस्तित्व अंगों के सहयोग पर निर्भर है, उसी प्रकार सम्पूर्ण शरीर की सहायता से अंग भी स्वस्थ रहते हैं। ये दोनों एक दूसरे पर आश्रित हैं। समाज शब्द 'सभ्य मानव जगत' का सूक्ष्म स्वरूप एवं सार है। सभ्य का प्रथम अक्षर 'स'

मानव का 'मा' जगत का 'ज' इन तीनों प्रथम अक्षरों के सम्मिश्रण से समाज

शब्द की उत्पत्ति हुई। समाज अच्छा हो तो व्यक्ति का चरित्र अच्छा बनता है।

'हमें सामाजिक होना चाहिए क्योंकि समाज ने हमें बहुत कुछ दिया।' ऐसी बहुत-सी बातें हम हर दिन सुनते हैं। ऐसा क्यों नहीं सुनने में आता कि हमने समाज को कुछ दिया था, या हमने दूषित समाज के लिए कुछ अच्छा किया? हम उत्तरदायित्व दूसरों पर थोप देते हैं, और कहते हैं कि क्या यह सिर्फ मेरी जिम्मेदारी है? या मैं अकेले क्या कर लूँगा? या मैं ही क्यों करूँ?



जबकि एक व्यक्ति अकेले भी बहुत कुछ कर सकता है। दलाई लामा के शब्दों में, "हम अपने अनुयायियों को कहते हैं कि अच्छा समाज और बुरा समाज क्या होता है – यह बताना भी तो हमारा कर्तव्य है।"

जब मनुष्यों का चरित्र, व्यवहार, रहन-सहन का स्तर ऊँचा होगा तभी समाज सशक्त बनेगा।

निजी जीवन के लिए आज कल पैसा ज़रूरी है, पर समाज के साथ चलना भी अनिवार्य है।

हमें समाज के अन्य लोगों के लिए कुछ करना चाहिए, नहीं तो हम मनुष्य कहलाने का हक नहीं रखते। जीवन में आदमी महान तब होता है, जब इज्जत-मान-मर्यादा उसका अपना परिवार होता है। कल संवारने के लिए आज समाज को सम्मान देकर और समाज से प्रेरणा लेते हुए आगे बढ़ने की कोशिश की जाए। अपने में सुधार लाकर समाज को सुधारने में अपना योगदान दीजिये। हम बदलेंगे, युग बदलेगा। हम सुधरेगे, युग सुधरेगा।

इब्राहिम शेख
छठी 'ब'

समाज के प्रति हमारा दृष्टिकोण

समाज हमसे बनता है और हमारे विचार ही समाज को बनाते हैं। हर एक व्यक्ति की सोच अलग होती है, और अगर हम अपना जीवन खुशहाली से व्यतीत करना चाहते हैं तो समाज के अच्छे विचारों को अपनाना चाहिए।

लड़कियों को पढ़ाना, दहेज न देना, बेटा-बेटी को समान स्थान देना - ये सब समाज के ऐसे मूल्य हैं, जो व्यक्ति को अपने जीवन में अपनाने चाहिए

समाज अलग-अलग किस्म के लोगों से मिलकर बनता है और सभी अपनी-अपनी जरूरतों के लिए एक-दूसरे पर निर्भर हैं। हमारा समाज के प्रति दृष्टिकोण क्या है? यह हमारी सोच पर निर्भर करता है। समाज में बहुत तरह के लोग होते हैं जैसे चुगली करने वाले लोग, गुस्सा करने वाले लोग, खुश लोग, बुद्धिमान लोग आदि। आज-कल समाज में ऐसे ही विभिन्न किस्म के समूह बने हुए हैं। समाज के प्रति मेरा दृष्टिकोण यह है कि समाज एक ऐसी चीज है जहाँ सब एक दुसरे का सहारा बनते हैं और जरूरत के समय एक दुसरे की सहायता करते हैं। इंसान की प्रकृति बहुत

। हम जैसा सोचते हैं, हमारा दृष्टिकोण वैसा ही बनता चला जाता है। इसलिए समाज को सदा सकारात्मक दृष्टिकोण से देखें और उसकी कूटनीतियों को बदलने की कोशिश करते रहें।

स्वयं शर्मा
छठी 'ब'



अलग हैं वह चुटकियों में नाराज हो जाता है और चुटकियों में खुश। इंसानियत महान धर्म है, महान कर्म है। अगर हमें आगे बढ़ना है तो सबके साथ लेकर चलना होगा क्योंकि इसमें आत्मीय सहयोग बहुत जरूरी है। हमें आज की दुनिया में संकीर्ण मानसिकता छोड़ कर बड़ा सोचना चाहिए। हमें समाज में अच्छा व्यवहार करना चाहिए ताकि दुसरे लोग हमारे बारे में अच्छा सोचे हमें पीठ पीछे किसी के बारे में गलत बातें नहीं करनी चाहिए क्योंकि क्या पता वह भी हमारे बारे में वैसा ही सोचता हो। इसी में हमारा एवं समाज का कल्याण है।

श्रीत
वक्षा ७



समाज के प्रति हमारा दृष्टिकोण – कोई बात नहीं



कोई बात नहीं...

कहने को तो अमूल्य भारत,

पर काम है वही,

पर हम फिर भी कहते हैं कोई बात नहीं।

हमारी महान संस्कृति आज

खो गयी है कहीं,

हम कर रहे हैं अपनी मातृभूमि का अपमान,

कहते हैं “कोई बात नहीं”।

हम नहीं हैं इतने नादान,

कि न जाने क्या है सही?

फिर भी करते हैं गलत काम,

कहते हुए “कोई बात नहीं”।

यह वह है जगह जहाँ हम हैं कहते कि नहीं है सही,

फिर भी काम करवाने के लिए देते हैं रिश्वत,

कहते हैं “कोई बात नहीं”।

करते हैं अपने घर को साफ,

पर फेंकते हैं कचरा सड़क पर यूँ ही कहीं

कोई टोकदे तो उसे भी हम

कह देते हैं “कोई बात नहीं”।

देखना चाहते हैं भारत हरा-भरा...

पर फिर भी काटने हैं पेड़ वही...

रोक दो इस पाप को,

और मत कहो, “कोई बात नहीं”।

मानते हैं बेटियों को घर की लक्ष्मी

मगर विवाह कर देते हैं उनका इतनी जल्दी,

ज़िन्दगी भर लड़ती हैं वे ज़िन्दगी से,

और आप कहते हो, “कोई बात नहीं”।

चलानी है गाड़ी महंगी,

पर बढ़ती महंगाई पर ध्यान नहीं,

“कोई बात नहीं”।

शिक्षण करनी हर चीज़ की,

पर सरकार बनाते समय सोचते नहीं,

“कोई बात नहीं”।

हम नहीं दे पाते वो,

जो भारत माता हमसे माँग रही,

फिर भी करते नहीं हम भी प्रयास,

बस कहते हैं, “कोई बात नहीं”।

देखना चाहता है अगर तू,

अपने भारत को चमकता हुआ, उभरता हुआ,

तो भारत वासी चलता रह तू भी,

इसमें योगदान करता हुआ।

लक्ष्य भसीन

छठी 'ब'

समाज के प्रति हमारा दृष्टिकोण

यूं तो बच्चे के जीवन की पाठशाला की पहली गुरु मां होती हैं। माता—पिता और परिवार के बड़े सदस्यों से वह संस्कार सीखता है। उसके बाद बच्चा स्कूल जाता है। यहां से होती है जिंदगी की असली पाठशाला की शुरूआत। स्कूल के बाद कॉलेज और कॉलेज के बाद उच्च शिक्षा के लिए

या यूं कहिए डॉक्टर, इंजीनियर, चार्टर्ड एकाउंटेंट और इन जैसे ना जाने कितने प्रोफेशन से पैसे कमाने की मशीन बनाने के लिए भेजा जाता है।



स्कूली शिक्षा की शुरूआत से ही बच्चे को विभिन्न विषयों के साथ जीवन का गणित पढाया जाता है। उसे त्रिकोण, चौकोण, लघुकोण, समकोण और षट्कोण समेत वे तमाम कोण सीखाए जाते हैं जो उसकी जिंदगी को संवारने के साथ अक्सर उसे उसमें उलझाकर छोड़ देते हैं। नहीं पढाया जाता तो वह महज एक चीज है 'दृष्टिकोण'। अगर समय रहते उसे इस कोण और इसकी महत्ता के

बारे में समझा या बता दिया जाए तो जिंदगी न केवल सरल हो जाती है, बल्कि वह उसे पैसे कमाने की मशीन के साथ—साथ एक उम्दा इंसान भी बना देती है।

दरअसल, जिंदगी में सारा खेल ही 'दृष्टिकोण' का है। हमारा जिस व्यक्ति, समाज, राज्य, देश या किसी भी चीज के बारे में जैसा दृष्टिकोण होगा हम उसके साथ वैसा ही व्यवहार करेंगे। और...हमारा यह व्यवहार ही समाज में हमें 'पॉजिटिव' या 'नेगेटिव' की

पहचान दिलाता है। हमारा दृष्टिकोण अगर सकारात्मक है तो हम सकारात्मक होंगे और अगर यह नकारात्मक है तो हम नकारात्मक ही होंगे। जब किसी के प्रति हमारा दृष्टिकोण ही नकारात्मक होगा तो उसके बारे में सकारात्मक सोचने की बात ही बेमानी होगी। भले ही वह व्यक्ति या बात कितनी ही अच्छी हो।

**धीर
वक्ता-७**

समाज के प्रति हमारा दृष्टिकोण

हम समाज से है एवं समाज हमसे है। हमारा उत्साह भरा कर्तव्य, हमारा दृष्टिकोण एक ऐसे

समाज की संरचना कर सकता है जहाँ हर बच्चे को उचित शिक्षा मिले हर इंसान तसल्ली से

खाना खा कर चैन की नींद सो पाए और विश्वास, प्रेम व इज्जत जीवन मूल्य हों।



मेहनत करके सच्चाई की राह पर चलकर भाई-चारे से जब हम मिलकर एक ही दृष्टिकोण से आगे बढ़ेंगे, तो एक नवीन, अति सुंदर समाज का जन्म होगा। समाज हमारे जीवन का एक बहुमूल्य हिस्सा है। हम समाज में रहकर समाज का अटूट अंग बन

जाते हैं। जहाँ एक तरफ समाज हमें एक बंधन में बाँधता है वही समाज हमें जीने का तरीका सिखाता है।

हर इंसान का समाज में अपना अलग व्यक्तित्व होता है। समाज हमारे जीवन को

एक दिशा देता है। समाज एवं समाज में रहने वाले लोगों का एक दूसरे से अटूट रिश्ता होता है। समाज हमसे कुछ

उम्मीदें रखता है। समाज के कुछ नियम होते हैं जिनका पालन करना हमारे लिए अनिवार्य ही होता है। हमारा भी समाज के प्रति एक सकारात्मक दृष्टिकोण होना चाहिए।

**त्रिनव
वक्षा-७**

हमारे गुण हमारी पहचान

हमारी ईमानदारी, सच्चाई, बुद्धिमत्ता और अच्छाई के बारे में लोग हमारे कार्य द्वारा या व्यवहार द्वारा जान पाते हैं। जिस प्रकार हम दूसरों से अच्छे आचरण की अपेक्षा करते हैं उसी प्रकार हमारी भी पहचान हमारे गुणों से होती है।

यह जरूरी नहीं कि मुक्के का जवाब मुक्का ही हो। बुरी स्थिति में अगर हम उत्तेजित न



हो और शांत अथवा सभ्य प्रकार से पेश आएँ तो हम अपनी बुद्धिमत्ता का परिचय देते हैं। सभ्य होने का कोई मूल्य नहीं चुकना पड़ता है अपितु सभ्यता से हमें कुछ न कुछ अवश्य प्राप्त होता है जैसे अच्छे मित्र और समाज में आदर।

हम सब में किसी न किसी गुण की कमी होती है, आवश्यक बात यह है कि हमें सद्गुणों को अपनाने का निरंतर अभ्यास करना चाहिए। अच्छे गुणों को अपनाने का कोई उम्र नहीं होती

। यदि प्रत्येक मनुष्य मौलिक गुणों का आचरण करे, तो हमारे समाज की कई बुराइयों का अंत हो सकता है। कहते हैं कि “एक गंदी मछली सारे तालाब को गंदा कर देती है” पर मेरा यह

मानना है कि “कीचड़ में ही कमल खिलता ही।” अर्थात् हमारे सद्गुणों का प्रभाव दूसरों पर अवश्य पड़ता है। सदाचार की चमक के आगे, संसार की हर धन दौलत की चमक फीकी है। सदाचार एक

ऐसा अनमोल हीरा है जिसकी कीमत नहीं आँकी जा सकती है। ईश्वर चन्द विद्यासागर, मार्टिन लूथर और महात्मा गाँधी जी के पास कोई धन दौलत नहीं थी किन्तु उन्हें पूरे विश्व में सम्मान प्राप्त था। राम जैसे सदाचारी का उदाहरण संसार में नहीं मिलता इसके विपरीत रावण जगत प्रसिद्ध दुराचारी था। इसलिए मैं अंत में यही कहूँगी कि हमारे गुण ही हमारी पहचान हैं।

इनिक् विष्ट
वक्षा ५ ए

सफलता के अनगिनत रंग

"मेहनत ही सफलता की कुंजी है।" सफलता और असफलता जीवन के दो पहलू हैं। जो मेहनत और कर्म पर विश्वास रखता है उसे जीवन में सफल होने से कोई रोक नहीं सकता और जो आलस्य और लापरवाह रवैए में डूबकर सफल होने के सपने देखता है उसे असफलता ही हाथ लगती है।

जीवन में सफलता का बहुत महत्त्व है। जिसके पास पैसा और ओहदा है सिर्फ वही इंसान

है। अंकों के अलावा वास्तविक ज्ञान भी अब अत्यंत महत्त्वपूर्ण है। नहीं तो आइन्स्टाइन, सचिन तेंदुलकर, बिलगेट्स आदि जीवन में सफलता नहीं पाते।

सफलता पाने के लिए मेहनती व एकग्रचित्त होना महत्त्वपूर्ण है। इसके साथ-साथ समय का भी उतना ही महत्त्व है। अवसर निकल जाने पर यदि परिश्रम किया जाए तो उसका क्या फायदा।



सफल नहीं है बल्कि अच्छे आचार, व्यवहार और अच्छे मूल्य भी जरूरी हैं। पहले के समय में समाज और माता-पिता की यही सोच थी कि अगर बच्चे कक्षा में अच्छे अंक लायें तभी वे सफल है अन्यथा नहीं। परंतु समय के साथ-साथ लोगों की विचारधारा में परिवर्तन आया

हम सभी के पास प्रत्येक क्षेत्र में परिवर्तन लाने की क्षमता है इसलिए एकग्रचित्त रहें और सफलता की दिशा में अपने कदम बढ़ाएँ।

तन्वी

कक्षा- ८

सफलता के अनगिनत रंग

इतिहास में महान व्यक्तियों की शानदार उपलब्धियों और सफलता को याद किया जाता है। उन सभी ने कड़ी मेहनत व खून-पसीना एक करके अपना लक्ष्य पाया था। निरंतर कठोर श्रम ही सफलता की कुंजी है। सफलता केवल उन लोगों पर मुस्कुराती है जो बहादुर, मेहनती, साहसी और आत्मनिर्भर हैं।



(करियर तथा निजी जीवन) का फैसला करने के बाद हमें बहुत सावधानी और ईमानदारी से उस तक पहुँचने की चेष्टा करनी चाहिए।

अब्राहम लिंकन मतदान में कई बार नाकामयाब रहे किन्तु अंत में वे अमरीका के सबसे प्रसिद्ध, माननीय व सफल राष्ट्रपति बने। आज-कल तो हम सफलता की प्रतीक्षा ही नहीं कर पाते, एक ही बार में हार मान जाते हैं।

सफलता मनुष्य की प्राथमिक उत्तेजना रही है। सभी व्यक्ति सफलता के इच्छुक हैं, लेकिन कुछ ही इसे हासिल कर पाते हैं क्योंकि वे ही इसके रहस्यों को बूझते हैं। सफलता खुशी का ही दूसरा नाम है। सफल होने के लिए कुछ बुनियादी गुणों को विकसित करने की आवश्यकता है। सबसे पहले हमें अपने जीवन के उद्देश्य को जानना चाहिए। अपने लक्ष्य

हमें कभी हार नहीं माननी चाहिए क्योंकि परिश्रम के बाद हम असफल हो सकते हैं, परंतु परिश्रम के बिना सफलता प्राप्त ही नहीं हो सकती है। 'मन के हारे हार हैं, मन के जीत जीत।'

हर्षा शेटी
वक्ता ८

युवा पीढ़ी का बदलता नज़रिया

युवा कल की आशा हैं। वे देश के ऊर्जावान खंडों में से एक हैं और उन्हीं से उम्मीद है। सही

मानसिकता और क्षमता के साथ युवा देश के विकास की दिशा में योगदान दे सकते हैं। देखा

जाए तो आज

के युवा पहले

के युवाओं से

कफ़ी भिन्न हैं।

आजकल के

युवा पिछले

वर्षों की तुलना

में ज्यादा

सफलता प्राप्त

कर रहे हैं और

इसकी वजह

यह भी है कि आज रोज़गार के लिए अवसर

ज्यादा हैं।

वर्तमान समय में युवा पीढ़ी की बदलती सोच

का श्रेय सोशल मीडिया के भी जाता है।

सोशल मीडिया युवाओं के ज्ञान प्राप्त करने

का मुख्य ज़रिया बन गया है और उस पर

विडियोज़ देखकर हम कफ़ी कुछ सीख लेते

हैं। आज बच्चों की सोच आधुनिकीकरण के

कारण भी बदली है, जो एक तरह से

फ़ायदेमंद भी है क्योंकि वह नए विचारों के

जन्म देती

है।

युवा पीढ़ी

का हर

परिस्थिति

को देखने

का एक

अलग

नज़रिया है

जो अभी



भी विकसित हो रहा है। शिक्षा इनकी सोच का

मुख्य हिस्सा है। अगर हम पहले की स्थिति

और आज की स्थिति की तुलना करें तो हमें

बहुत फ़र्क़ नज़र आएगा, जैसे कि पहले

महिलाओं के विद्यालय में ज्ञान प्राप्त करने

की अनुमति नहीं थी क्योंकि लैंगिक समानता

नहीं थी। पहले केज़माने में समाज चार भागों में बँटा हुआ था जहाँ सब लोगों के शिक्षा लेने का अधिकार नहीं था।

आज युवा अपने मानव अधिकारों और हक के लिए लड़ते हैं। आज लड़कियों को एक समान इज़्जत और अधिकार है। आज महिलाएँ हर क्षेत्र में देश का नाम रोशन कर रही हैं। इस फ़र्क के गौर से देखें तो लगता है कि युवाओं ने प्रगति की है। इनकी सोच और नज़रिए पर देश के गर्व होना चाहिए। आखिर में मेरा यह मानना है कि यह बदली सोच देश की प्रगति के लिए लाभदायक साबित होगी और यही उम्मीद है कि इन विचारों के साथ युवा देश का नाम रोशन करेंगे।

तमन्ना जैन
वक्षा ९

आज युवाओं का सोचने का तरीका, देखने का नज़रिया एवं कार्य को करने की प्रक्रिया, तीनों ही तेज़ी से बदल रहे हैं। जैसे दुनिया के छिपे रहस्यों का खुलासा तेज़ी से हो रहा है, उतनी ही गति से युवाओं के सोचने और निर्माण करने की गति भी बढ़ रही है।

हम जैसे लोगों के पास आज हर चीज को करने की नई तकनीक आ गई है। किसी से बात करने के लिए हमारे पास आज मोबाइल है। जबकि पहले पूरे इलाके में बस एक लैंडलाइन फ़ोन रहता था। इस तकनीक ने युवाओं को हर चीज तेज़ी से करने पर मजबूर कर दिया है, जिसके कारण हम युवाओं में धैर्य की कमी भी हो गई है। हमें आज हर चीज चुटकी बजाते ही चाहिए, और तो और किसी कार्य का परिणाम भी तुरंत चाहिए। लेकिन फिर भी कहीं ना कहीं हमारे अंदर का यह एक बदलाव, हमारे भविष्य के लिए लाभदायक साबित हो सकता है।

वर्तमान काल में पृथ्वी पर मौजूद हर देश, दूसरे देश को समझ रहा है और उनसे सीख रहा है। लेकिन हम अपने खुद के देश की संस्कृति को भूलते जा रहे हैं। भारतीय पहनावा पहने लोगों को हम “ओल्ड फैशन” बुलाते हैं। भारतीय नृत्य को हम आगे नहीं ले जा पा रहे हैं। विदेशी लोग हमारे पुराने तौर-तरीकों को अपना रहे हैं। सबसे प्रथम स्थान पर है ‘योगा’। जब विदेशी लोग हमारे बेहतरीन इतिहास को अपना रहे हैं, तो हम

युवा क्यों नहीं यह समझ पा रहें कि विदेशी मशीनों और दवाइयों से ऊपर हमारी जड़ी-बूटियाँ और तौर-तरीके लाभदायक हैं। पूरी जिंदगी रोज़ा सिर्फ़ आधा घंटा योग करने से हमें किसी बीमारी का सामना नहीं करना पड़ेगा।

हमारी कुछ कबिलियतों के पीछे यह निराशाजनक नज़ारिए छिपे हुए हैं। तेज़ी से

कम करने की और सोचने की आदत अब हमारे अंदर आ गई है, जो आज के समय के हिसाब से बिल्कुल जायज़ा है। लेकिन अपनी मातृभूमि की हर चीज़ का सम्मान करना भी हमें नहीं भूलना चाहिए।

चलिए, आज से हम अपने आप को और बेहतर बनाएँ।

कनिका भारद्वाज
वक्षा ९



स्मृतियों के झरोखे से

हवाओं के झोंके से
बदलते नज़रिए से
बदलती डगर पर
चल पड़े ऐसे रास्ते पर
यादों क साथ बाँट लें
हँसते गाते झूमते-नाचते
पहुँच गए ऐसे मोड़ पर
की दूरियाँ महसूस होने लगीं
की दोस्तियाँ टूटने लगीं।
स्कूल में साथ हुए जो अब हम
कभी ना टूटेंगे अब हम
खेल-खेल में

हारने पर चेहरे बनाए
जीतने पर जश्न
रिपोर्ट कर्ड देखकर साथ रोए भी साथ में
दुखों को बुलाने के लिए हँसे भी साथ में
खुशी और गम बाँटा है साथ में
रास्ते क्यों ना हों अब अलग-अलग
किंतु वादा है
इस जनम क वादा है
कभी ना भूलूँगी
कभी ना भूलने दूँदी तुम्हें मुझे
मुझे तुम्हें और इस स्कूल के

गायत्री शर्मा
कक्षा १०



स्मृतियों के झरोखे से

मित्रता हमारे जीवन में बदलती हुई ऋतुओं की तरह होती है। शीतकाल के मौसम में पूरा

विश्व बेरंग हो जाता है, और वसंत ऋतु में हमारे जीवन में रंगों की बौछार आ जाती है। ऐसा ही तो होता है जब हम अपने मित्रों से झगड़ रहे होते हैं। विद्यालय में कोई

मस्ती नहीं होती और अध्यापिक से छुप-छुपकर गप्पें लडाने के लिए भी कोई नहीं होता। जीवन बेरंग हो जाता है। इसी मनाने और झगड़ने के सिलसिले में हम अपने लिए अपने मित्रों के साथ ढेर सारी यादें बना लेते हैं।

'पोदार इंटरनेशनल स्कूल' में मैंने दाखिला वक्षा आठवीं में लिया था। आम सी बात है कि इस साल मेरी, मेरे सहपाठियों से ज्यादा गहरी दोस्ती न हो सकी, परंतु इस साल के अंत में विद्यालय के वार्षिक कार्यक्रम के दौरान ना जाने ही हम सब ने एक सच्ची कभी ना खत्म होने वाली मित्रता के बीज बो दिए।

वक्षा नवीं एक ऐसा साल था जो पलक झपकते ही निकल गया। हमने एक दूसरे के साथ हँसा और मजे किए। एक दूसरे की बुराई

की एक दूसरे की परवाह भी की। विद्यार्थी परिषद के चुनाव, फ्रेंच डे, दिवाली, क्रिसमस, स्पोर्ट्स डे और पढाई की भाग-दौड में हम सब सहपाठियों से दोस्त और दोस्त से परिवार कब

बन गए पता ही नहीं चला।

भले ही विद्यालय खत्म होने के बाद हम एक दूसरे से कभी ना बात करें, वापस कभी न मिलें, कभी घंटों एक-दूसरे के साथ पागलों जैसे ना हँसे, परंतु ये स्मृतियाँ, ये अनुभव हम से कोई छीन नहीं सकता यह हमेशा सिर्फ हमारे रहेंगे। जिन्हें हम याद करके मन ही मन महसूस भी कर सकते हैं और रो भी। अगर स्मृतियों के झरोखे से देखा जाए तो जीवन अत्यंत खूबसूरत हैं।

आईसी जैन

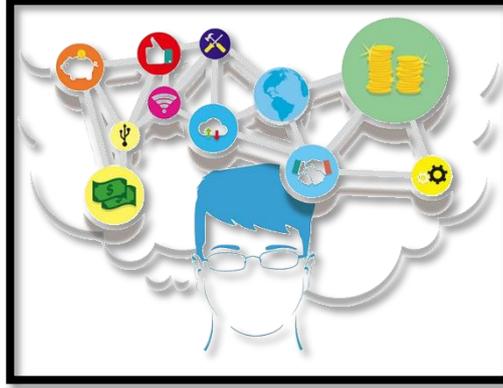
वक्षा १०



स्मृतियों के झरोखे से

अतीत की स्मृतियों का झरोखा खुला तो आठ साल पुरानी यादें ताजा हो गईं। अतीत

की स्मृतियों ने मुझे आठ साल पहले ले जाकर खड़ा कर दिया। मेरे विद्यालय का नाम पोदार इंटरनेशनल स्कूल है। इस



विद्यालय का निर्माण सन् २०१० में हुआ था। मैंने इसे ईंट पर ईंट बनते देखा है। मैं पिछले आठ सालों से इस विद्यालय में शिक्षा प्राप्त कर रहा हूँ। इस विद्यालय में पिछले कुछ वर्षों में कई चीजें बदल गईं।

पिछले वर्षों में स्कूल के बुनियादी ढाँचे में काफी सुधार हुआ है। स्कूल की वक्षाओं के आकार में भी परिवर्तन हुआ है। मैंने विद्यालय में अपने शिक्षण कर्मचारियों में भी बहुत सारे बदलाव देखे हैं। यह स्कूल हमें शिक्षण विषयों की एक विस्तृत शृंखला प्रदान करता है। विद्यालय का वातावरण अति सुखद है।

मैं अभी भी उन सुखद क्षणों को याद करता हूँ जब हम सभी मित्र मिल-जुल कर तैराकी

करते थे। विद्यालय के प्रारंभिक दिनों में कैंटीन भी नहीं थी जब से कैंटीन बनी तो हमें ऐसा चस्का लग गया कि हर दिन हम कैंटीन

जाकर स्वादिष्ट खाना खाते हैं। और वहाँ बैठकर खूब गप्पे लगाते हैं।

मेरा शायद इस

विद्यालय में यह अंतिम वर्ष है लेकिन यहाँ बिताया एक-एक पल मैं कभी नहीं भूल पाऊँगा यहाँ की मधुर स्मृतियाँ मुझे हमेशा एक सुखद अनुभव दिलाती रहेगीं।

कुंज जैन
वक्षा १०

यादें एक ऐसी चीज हैं जो सोचे बिना बन जाती हैं, कहीं भी बन जाती हैं। सबसे अनोकी यादें हमारे बचपन की होती हैं। जब ना हमें किसी चीज की फ्रिक्क ना किसी चीज का डर। पर जब आते हैं वह आखिरी तीन सल मौज-मस्ती के, जब हम अपने जीवित होने का असली महत्त्व पहचान पाते हैं।

हम सब के यह तीन साल वक्षा ८, ९ १० हवा के जैसे निकल जाते हैं। हम इन तीन सालों में ऐसी यादें बना लेते हैं जो हमारे साथ आजीवन चलती हैं। मेरे सबसे प्रिय पल इन तीन सालों में मेरे मित्रों के साथ बिताएँ हैं परिवार से ज्यादा उनके साथ मेरा दिन गुजरता था क्योंकि पाठशाला आना तो रोज का कार्य है। मुझे अभी भी वह पल याद है जब ऐसा लगता है कि नए स्कूल में आना एक नए देश में जाने के मुताबिक होगा। अपने आप को एक इल्ली की तरह उबरते हुए देखा और अपनी हर एक गलती से सीखने की शक्ति पाते हुए देखा।

मेरे सबसे प्रिय मित्र तब आकर बने जब लोगों को अलविदा कहना एक रोज का कार्य बन गया

था और इसी के बीच में

ऐसे लोगों से मिली जिन्होंने मुझे अपने आप से प्यार करना सिखाया थोड़ी बहुत शरारतें सिखायी और मुझे मित्रता का अर्थ समझाया मुझे आज भी वो पल याद आते हैं जब हम

सब साथ में मिल कर गाने गाते थे वक्षाकार्य की योजना बनाकर अध्यापिका के डर से भाग जाते थे। अवकाश के वक्त पैसे जोड़ कर खूब सारी खाने की चीजे खरीदते थे और तो और एक-दूसरे की पार्टी में जाने के लिए माता-पिता से कैसे बहाने बनाए ऐसा विचार-विमर्श करते। यादों के बारे में सबसे अच्छी चीज है उन्हें बचाना। हम जब उन्हें बना लेते हैं वह एक ऐसी चीज बन जाती है जिसके बारे में सोचकर हमारे चेहरे पर मुस्कराहट आती है। हम हर उस चीज के प्रति आभारी महसूस करते हैं। मैंने अपनी सारी यादें एक डायरी की तरह अपने दिल में रखी है और आगे भी रखती जाऊँगी मेरी एक पसंदीदा पुस्तक में यह लिखा था, शहर चाहे बना हो कागज से

पर यह

यादें नहीं।

जिंदगी का

सफर अभी

बहुत लंबा है, हम हजारों और यादें बना सकते हैं। तो क्यों ना आज से चालू करें।

पर्णिका
वक्षा १०



“ हमारे गुण हमारी पहचान ”

इंसान की पहचान उसके गुणों से होती है।
पर ये गुण होते क्या हैं ?

हमारा सद्व्यवहार ही हमारा गुण बन जाता है।
हमारा विनय, सुम व्यवहार जब हमारे आचरण
में आ जाते हैं; तब वह हमारे गुण बन जाते हैं।
और स्वाभाविक ही उसका गुण में रूपांतरित होता
है। और गुणों के विकास से व्यक्तित्व का निर्माण
होता है। इस के आधार पर हम जाने या समझे
जाते हैं। इस के विपरीत दुर्गुण से शिकार हो तो
व्यक्तित्व दोष युक्त होगा। भगवान श्री राम, अपनी
सरलता के कारण सद्गुणी कहलाये जब कि रावण
अपनी वासना के लालच से दुर्गुणी कहलाया।
इसीलिए हमारे गुण हमारी पहचान होते हैं।

जय हिंद ।

पल/श

४-ब



हमारे गुण हमारी पहचान

गुण हमेशा मनुष्य का साथ देते हैं।
अच्छे गुण मनुष्य को अच्छे काम करने की
प्रेरणा देते हैं। तो वही पर बुरे गुण मनुष्य
को बुरा काम करने पर मजबूर करते हैं।

मनुष्य अपने काम से प्रसिद्ध होता है और
ये काम वह अपने गुणों की वजह से ही कर पाता है।

तो अब आप ही सोचें कि क्या हमारे गुण
हमारी पहचान हैं या नहीं?

लावण्या श्रीराम
कक्षा - पूरबी

हमारे गुण हमारी पहचान

जिंदगी में गुण न ही ऐसा होना नामुमकिन है। सब में गुण होते, किसी में अच्छे गुण तो, किसी में बुरे गुण। अगर आप में अच्छे गुण नहीं हैं, तो ही सकता है कि आपके दोस्त कम हों। अगर आप अपनी बुराइयों की पहचान कर उसे दूर करने की कोशिश करें तो लोग आपके अच्छे गुणों को देख पाएंगे। यह बात अलग है। अगर आप बिना कोशिश किये दार मान लीं तो यह सही नहीं है, एक बार कोशिश करना तो बनता है। अंत में मैं ये कहना चाहूंगा कि अगर आप किसी आदमी को जानते हैं जिसके गुण अच्छे नहीं हैं, तो उसकी मदद करें और मदद रखिए। हमारे गुण ही हमारी पहचान हैं।

अनय जैसवाल
कक्षा- ५ बी

हमारे गुण हमारी पहचान

किसी व्यक्ति के गुणों से उसकी पहचान होती है। अच्छे गुण अपने अंदर लाने के लिए अच्छे व्यवहार होना आवश्यक है। अच्छे व्यवहार से हम सभी लोगों के दिलों में जगह बना सकते हैं। अपने अंदर अच्छे गुण लाने के लिए अच्छे व्यवहार लाने होंगे जैसे- शालीन ढंग से व्यवहार करें, दूसरों लोगों से अच्छी तरह बातचीत करें और साथ रहें। बुरे व्यवहार से हमारी बुरी पहचान होती है।

आरना सिंह

5 वी

हमारे गुण हमारी पहचान

हमारे गुण ही हमारी पहचान हैं। हमारे गुणों के द्वारा ही हम अपना अस्तित्व बनाते हैं। हमारे अच्छे गुण का लोको पर अच्छा प्रभाव पड़ता है और समाज में सम्मान मिलता है। हमारे गुण ऐसे ही जिससे लोग प्रेरित हो और उनका पालन करें।

Anagha Arund Kolsur
9-B

हमारे गुण हमारी पहचान

धरती पर पैदा होने वाला हर इन्सान अलग होता है। हर इन्सान का स्वभाव और उनके गुण उसे एक दूसरे से अलग बनाती हैं। अच्छा स्वभाव व अच्छा गुण उसकी पहचान व संस्कार बताता है।

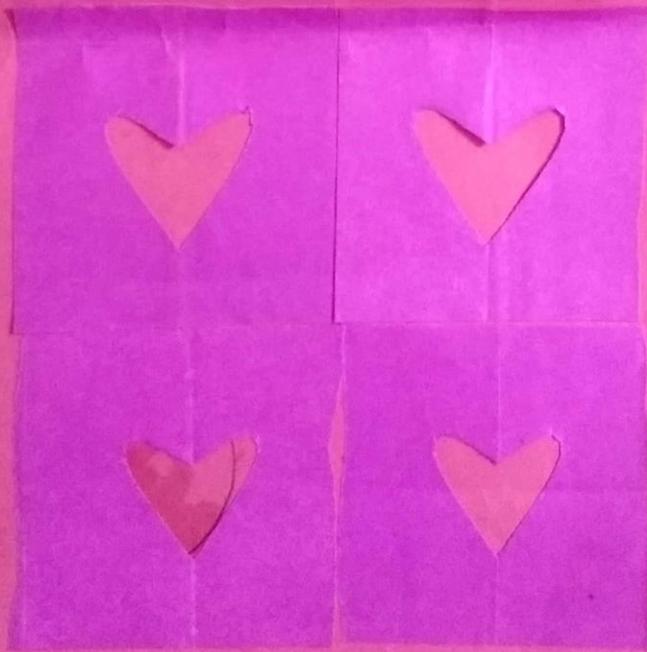
अच्छे गुण व स्वभाव, अच्छे मित्रों की तरह होते हैं जो आपके साथ रहते हैं। समय हीरे की हमें कोई सीमा नहीं चुकानी पड़ती है। वह तो मुफ्त में ही पाये जा सकते हैं।

दूसरों के गुणों पर ध्यान न देने यदि हम अर्धव अर्धव सबसे अच्छा व्यवहार करते तो निश्चय ही हम अपनी अलग पहचान बना पाते हैं। अपने स्कूल पहचान, घर दोस्तों के साथ अच्छा व्यवहार से आप सबके प्रिय बन जावें ही।

आर्य जैन VB

हमारे गुण, हमारी पहचान

हमारे गुण ही हमारी पहचान बनते हैं। सबसे महत्वपूर्ण हमारे जीवन में अनुशासन होता है। बिना अनुशासन के कोई भी कुशल जीवन नहीं जी सकता। अनुशासन सबको सही राह पर लेके जाता है। हम अपनी रोजाना जिन्दगी में कई प्रकार के नियमों के द्वारा अनुशासन की राह पे चल सकते हैं। जैसे सुनह उठकर बहार जाएँ, हर रात जलड़ी सोना, आदी। अनुशासन हमारी जिन्दगी को अच्छा बना सकता है और मुझे खुशी है अनुशासन मेरा गुण है।



- अमृतलीन अशोरा,
5B

हमारे गुण हमारी पहचान

भारत देश में करोड़ों लोग हैं जिन के पास अलग-अलग गुण हैं - कोई चित्र बनाने में अच्छा है या कोई गाने में अच्छा है। ऐसे सभी के पास कोई-न-कोई गुण हैं। हमारे गुण जितने ज्यादा होंगे लोग हमें उतनी ही ज्यादा इज्जत और पहचान देंगे। गुण हमारी पहचान बनाते हैं। गुण कोई भी रूप में हो सकते हैं। गुण के बिना हमारी कोई इज्जत और पहचान नहीं रहेगी।

व्योम सूद
कक्षा ५ ब

हमारी गुण हमारी पहचान

Ashdesh

गुण बहुत छोटा शब्द है पर
उसका मतलब बहुत बड़ा है। हमारे
गुण ही हमारी पहचान हैं। गुण
इंसान की खूबियाँ हैं जैसे कि खेल,
पुस्तकें, गाना, नाचना और भी बहुत
कुछ। इंसान के गुण उनके व्यवहार
से पता चलता है। इसलिए हमारे
गुण हमारी पहचान हैं।

आशुतोष

'प-४'

*** हमारे गुण हमारी पहचान ***

"एक बेहतरीन इंसान अपने गुणों से ही पहचाना जाता है। वरना अच्छी बातें तो दीवारों पर भी लिखी होती हैं।"

हमारी व्यवहार से हमारी एक छवि बनती है और समाज इसी छवि से हमें जानता-पहचानता है। मनुष्य के सर्वांगीण विकास में उसके आचरण की महत्वपूर्ण भूमिका होती है। सदाचारी व्यक्ति का सम्प्री आदर करते हैं तथा वह सभी के लिए प्रिय होती है। मनुष्य के जिस कृत्य का सर्वप्रथम प्रभाव पड़ता है उसके गुण। उनके वाणी से वे सभी बातें व्यक्त हो जाती हैं जो उनके स्वभाव में दुर्गुणों के रूप में शामिल हैं। अच्छे गुण इंसान को सभ्य बनाते हैं। अच्छे गुणों का तात्पर्य है, अच्छे व्यवहार से। इसलिए भारतीय जीवन शैली में सदाचार बहुत महत्वपूर्ण है। अच्छे गुण अच्छे मित्र की तरह होते हैं जो कठिन परिस्थिति में भी हमेशा सहाय देते हैं। शिष्टता और शालीनता सदैव व्यवहार के प्राण हैं। व्यवहार में इन गुणों का समावेश होना ही पता चलता है कि व्यक्ति कितना सुसंस्कारी है। हमारी व्यक्तित्व विभिन्न परिस्थितियों में हमारे आचरण को, हमारे गुणों को, चिंतन-मनन को, भ्रम को, आत्मविश्वास को दर्शाता है। हमारे गुण हमारी पहचान बन जाते हैं और हमारे भविष्य को निर्धारित करते हैं। इसीलिए हमें इसके प्रति सजग रहना बहुत जरूरी है। गुणों की पहचान को इस विश्व में स्थापित करने वाले बहुत उदाहरण हैं जो पौराणिक कथाएँ, समाज, महाभारत से हमें प्रेरित करते हैं। कर्ण अपनी उदास्ता के लिए, भगवान

श्रीराम अपने सदाचार के लिए पहचाने जाते हैं। हमारा जीवन आदर्श बनाना है तो हमारे गुण पैसामौल्यवान हिरा हैं जो हमें जीवन भर अपनी पहचान बनाता है।

गार्गी 4/8

हमारे गुण हमारी पहचान

हमारे गुण एक ऐसी मशाल के समान होते हैं, जिसका प्रकाश दिव्य और पावन होता है। गुणों से व्यक्ति आकार पाता है और उसे पहचान मिलती है। अच्छी आदतों और गुणों के समूह से हमारी विकास होती है। अच्छे गुण जैसे : ईमानदार होना, हमेशा खुश रहना, दूसरों का सम्मान करना, आसान और मजबूत होना, अपने आप पर विश्वास रखना, अनुशासित रहना इत्यादि एक अच्छे व्यक्ति की पहचान निर्माण होती है। इसलिए हमें सदा अच्छे गुणों को अपनाकर अपनी एक अच्छी पहचान बनानी चाहिए।

★ समाप्त ★

★ Aahna Prasad TV 'A' ★

हमारे गुण हमारी पहचान

अच्छी आदतें, हमारे अच्छे मित्रों की तरह होती हैं जो आपको ऐसी स्थिति में ले जाते हैं, अन्य गुण यदि आपका आचरण अच्छा है तो वह तुरंत दृष्टिगोचर हो जाता है। समय देने का कोई मूल्य नहीं चुकाना पड़ता अलबत्ता यह आपको कुछ प्राप्त करता है, यह बात शंका से परे है कि हम सभी में किसी न किसी गुण की कमी होती है और इसी कारण ज्ञान का गुणगान करते हैं और इसके महत्व को समझते हैं।

यदि हम किसी से विनम्रता से बात करते हैं या किसी असहाय व्यक्ति की मदद करते हैं या किसी नेक कार्य के प्रति हम अक्षर होते हैं, तो यह सभी कार्य हमारे गुणों को दर्शाते हैं यही हमारी पहचान है।

अठस्त्य कुशवाह
कक्षा - चौथी
वर्ग - 'ब'

✿ 'हमारे गुण हमारी पहचान' ✿

'हमारे गुण हमारी पहचान' इसका मतलब यह है कि जो अच्छाई है हमारे अंदर वो हम हैं और हमारी पहचान से लोग हमें जानते हैं।

✿ जैसे की - ✿

→ चाचा नेहरु को हम लोग पहचानते हैं क्योंकि उनके दिल में बच्चों के लिए बहुत प्यार था।

→ माँदी जी की पहचान उनके अच्छे कार्यों और देश को स्वच्छ बनाने के लिए बनी।

→ महात्मा गांधी जी की पहचान उनके शांति प्रिय गुण से बनी।

इसी प्रकार से दुनिया भर के महापुरुष अपने-अपने अच्छे गुणों से पहचाने जाते हैं। मेरी भी यही कोशिश है कि मैं अपने अंदर अच्छे गुणों का विकास करूँ जिससे सभी लोग मुझे एक साहसी प्रिय तरह पहचानें।

✿ लेखिका:

✿ अथिया सिनहा छद्म

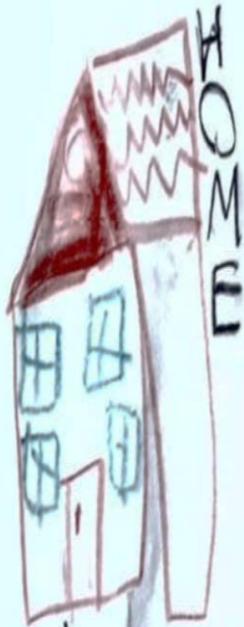
PLANT TREES SAVE EARTH:
GIVE US 'A CLEAN EARTH:



One Step toward Great leap



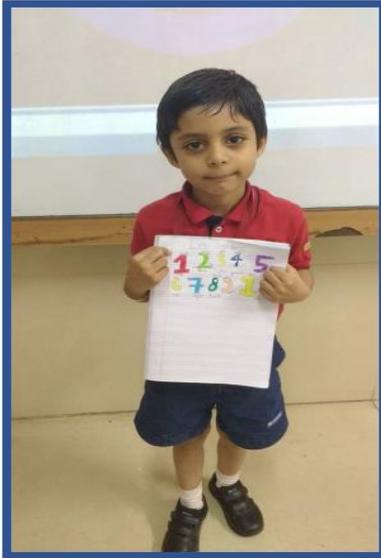
SHRINAYA MISRA
IB

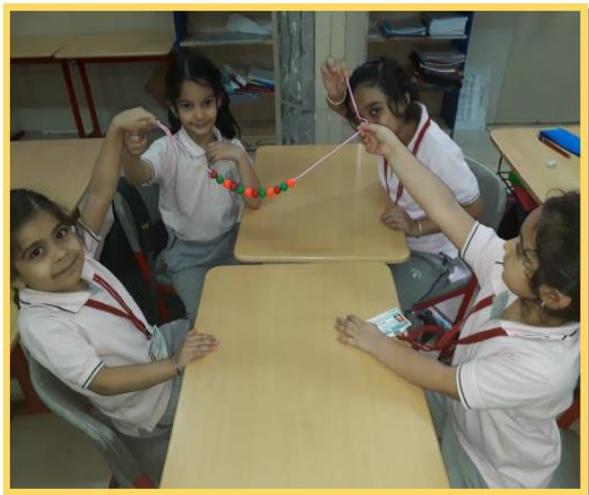


EDUCATION - A GIANT LEAP
INTO THE FUTURE



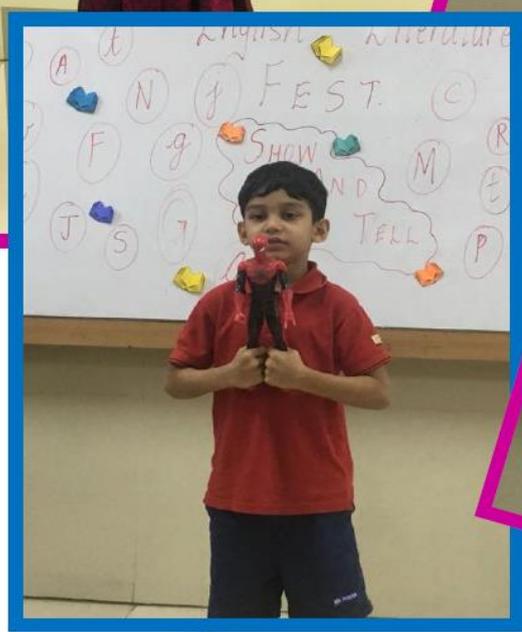
Hands on Learning happens here!

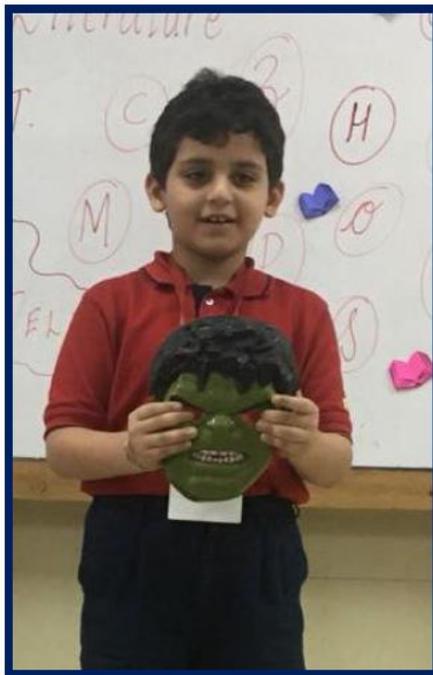




We
learn
by
doing













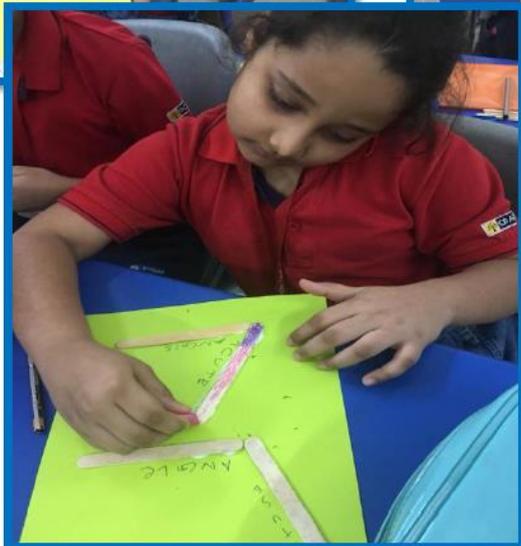




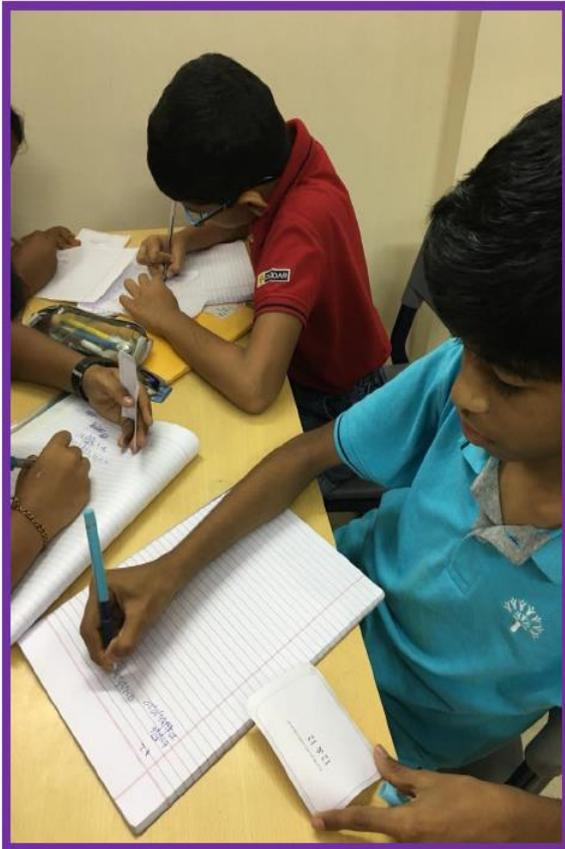






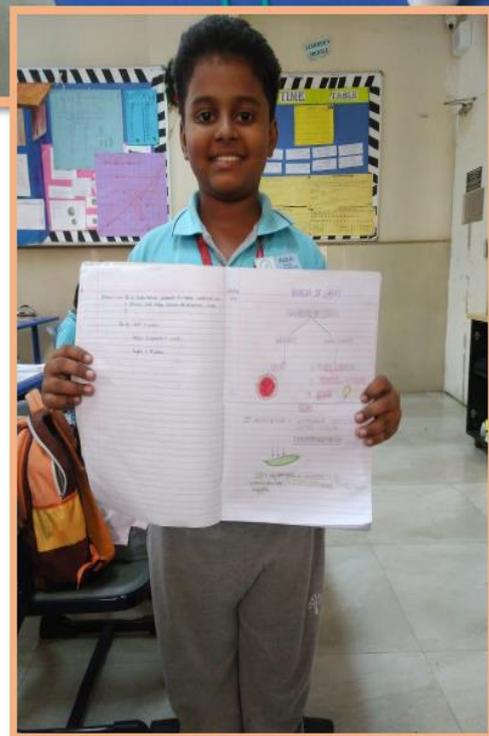
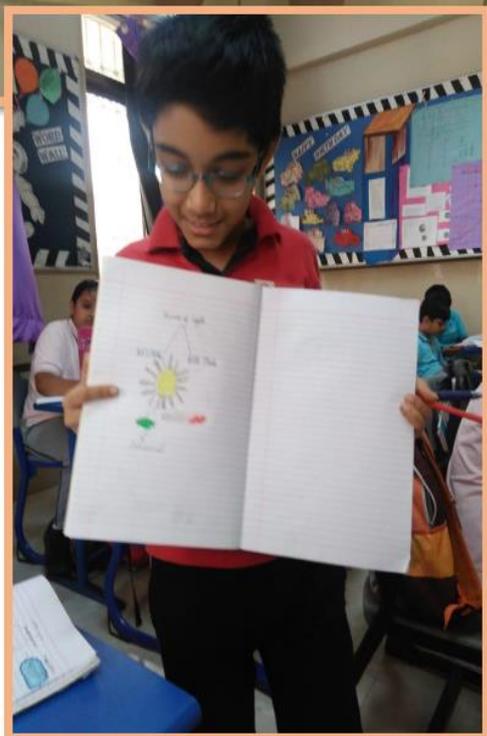
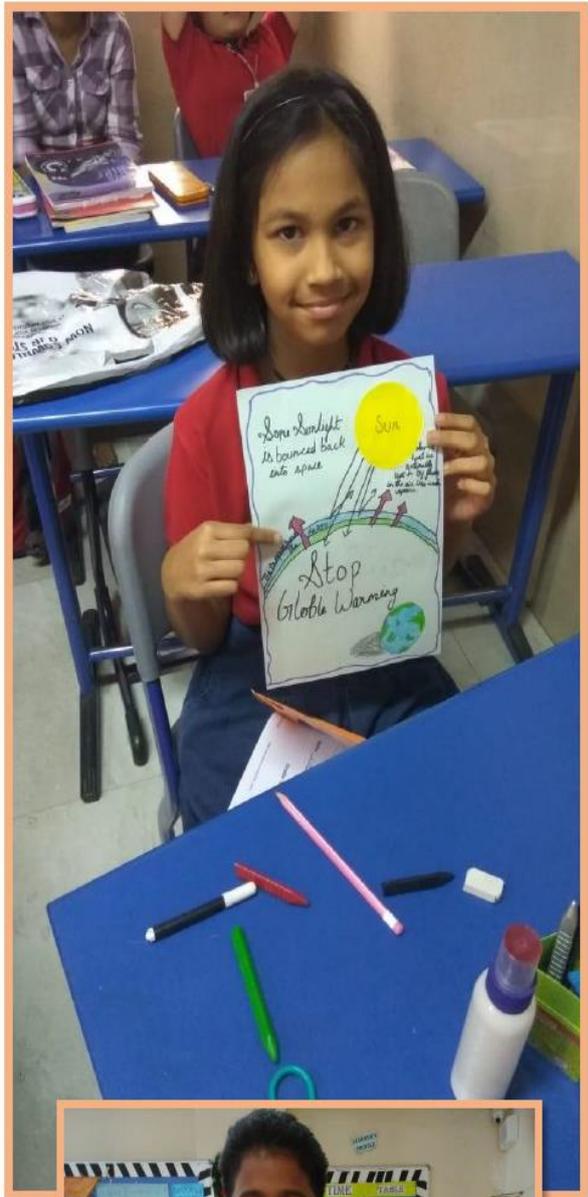
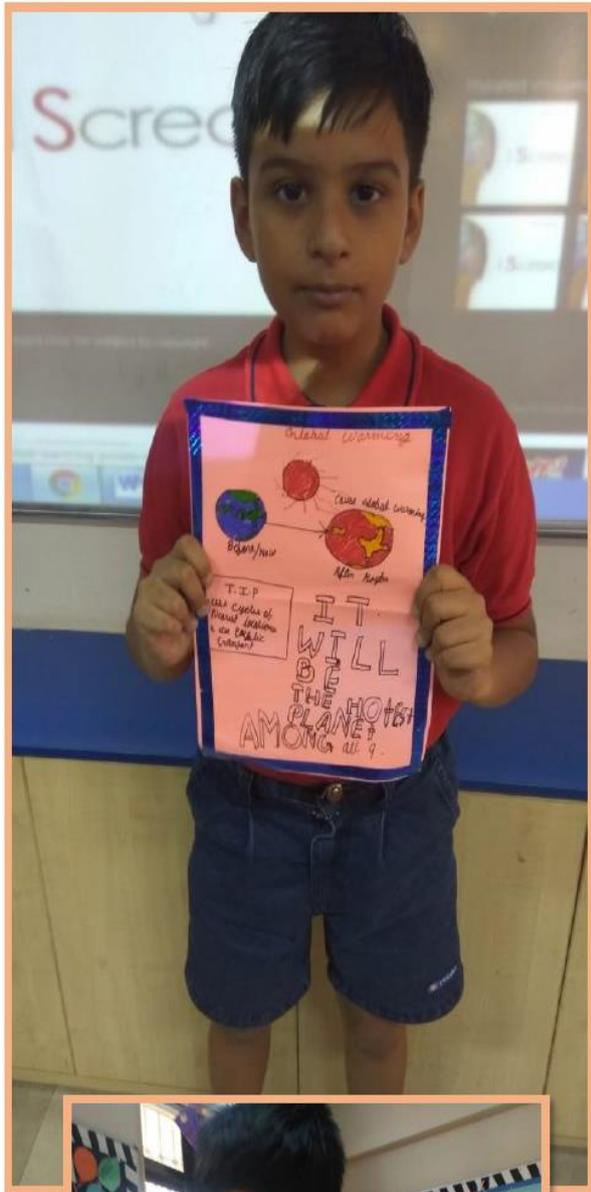












*Each day in our
school is*



Children's Day Snack party by PTA







It's movie time!





Diwali
celebrations!





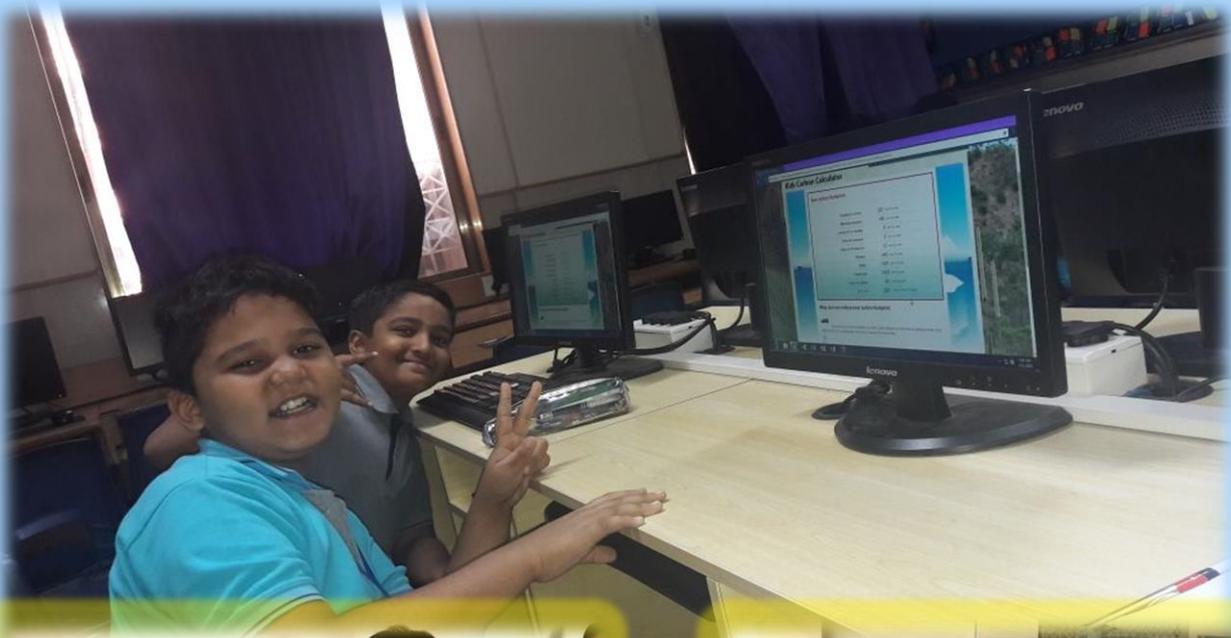




Earth
day









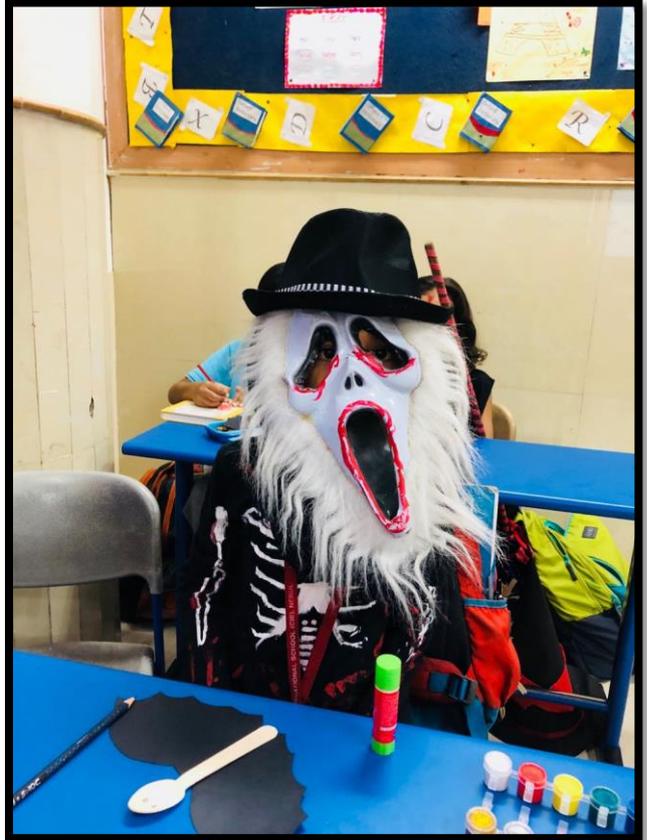
French Day





Halloween Day









Hindi Divas







Independence Day



Raksha

Bandhan !



Republic day







Teachers Day





Yoga Day































SPORTS DAY 2018-19





















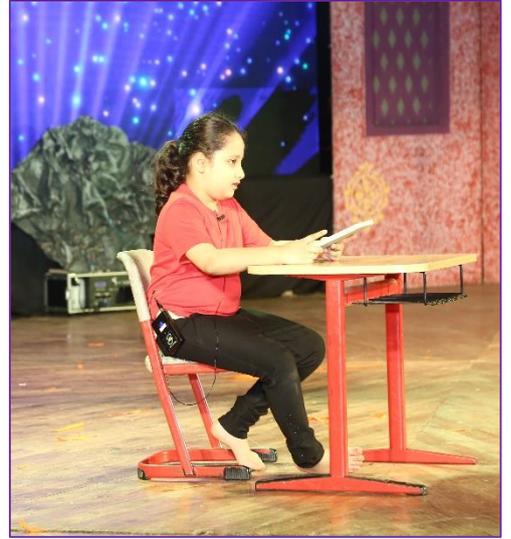




ANNUAL CONCERT - MUSICAL MARVELS



















Since 1927

PODAR
INTERNATIONAL SCHOOL

MORE THAN GRADES

Podar International School – Cambridge

Plot No. 30, Sector 36, Near HP petrol pump, Nerul, Navi Mumbai – 400706.

Website: <https://www.podareducation.org/school/nerulcie>